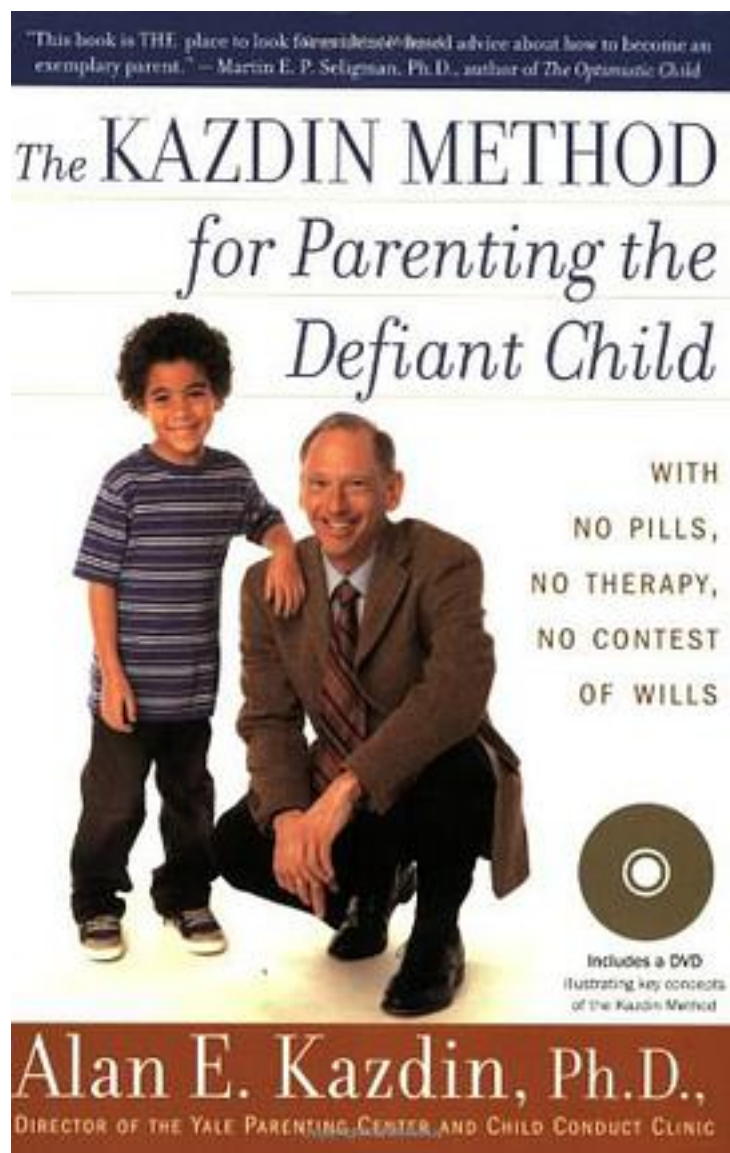


Kazdin Method for Parenting the Defiant Child



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著者:Kazdin, Alan E.

出版者:

出版时间:2009-1

装帧:

isbn:9780547085821

A lifesaving handbook for parents of children who are occasionally, or too often, "out of control" Includes a bound-in twenty-minute DVD featuring Dr. Kazdin and his staff illustrating key concepts of the Kazdin Method Most child-behavior books are filled with advice that sounds reasonable, fits with what parents already believe about child-rearing, and is--as Dr. Kazdin proves-- guaranteed to fail. The Kazdin Method for Parenting the Defiant Child makes available to parents for the first time Dr. Kazdin's proven program--one backed up by some of the most long-term and respected research devoted to any therapy for children. Kazdin shatters decades' worth of accumulated myths about tantrums, time-outs, punishments fitting the crime, and much more. With the practicality of Ferber and the warmth of Brazelton, Kazdin leads parents through every step of the Kazdin Method in action--how to use tone of voice, when and how to touch, how to lead your child in a "practice" session, how to adjust your approach for different-age children, how to involve siblings, and more. The program is temporary, but the results are permanent--for very young children, adolescents, and even beyond.

作者介绍:

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