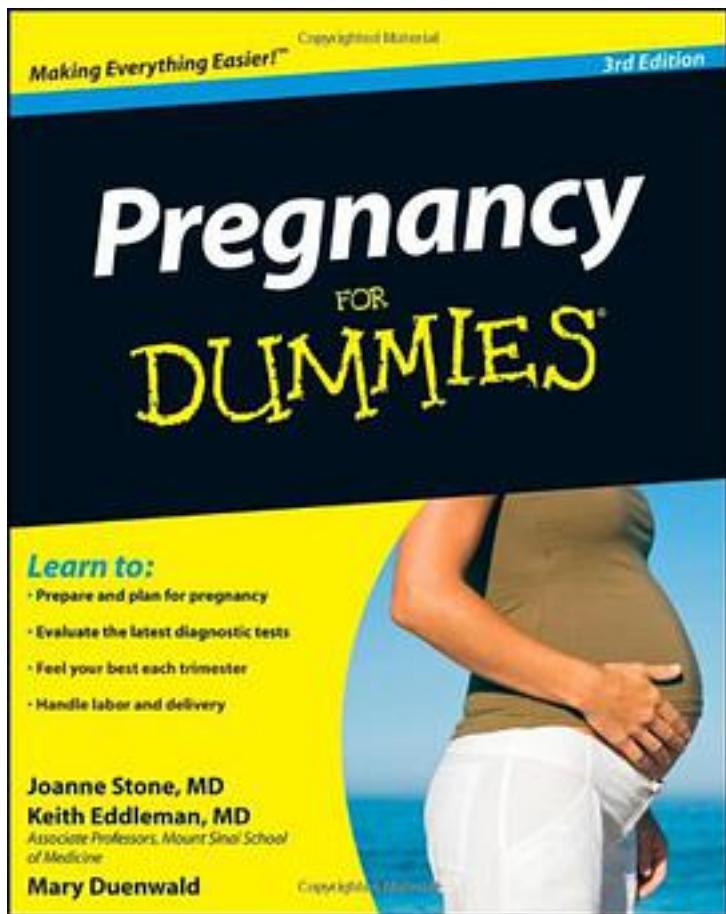


# Pregnancy For Dummies



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Now updated--our bestselling guide to a safe and healthy pregnancy. With robust sales and its own four-part cable TV series, *Pregnancy For Dummies* has been a perennial favorite, giving parents-to-be authoritative, friendly, up-to-date advice on every aspect of pregnancy and childbirth. This new edition offers all of the latest information

expecting parents want to know, including expanded coverage on the health and well-being of both mother and child. It takes readers through the first, second, and third trimesters, providing new and updated coverage of prenatal genetic screening and diagnosis, amniocentesis, new high-tech ultrasounds, and the revised FDA/USDA food pyramid. It also discusses the recent celebrity trend of "on-demand" cesarean sections, multiple births, what to expect in labor and delivery, postpartum care, choosing bottle or breastfeeding, preparing a home (and siblings) for a new baby, caring for preemies, and the mother's mental as well as physical health. "A thorough, accurate, and highly informative guide."

-- Los Angeles Times

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