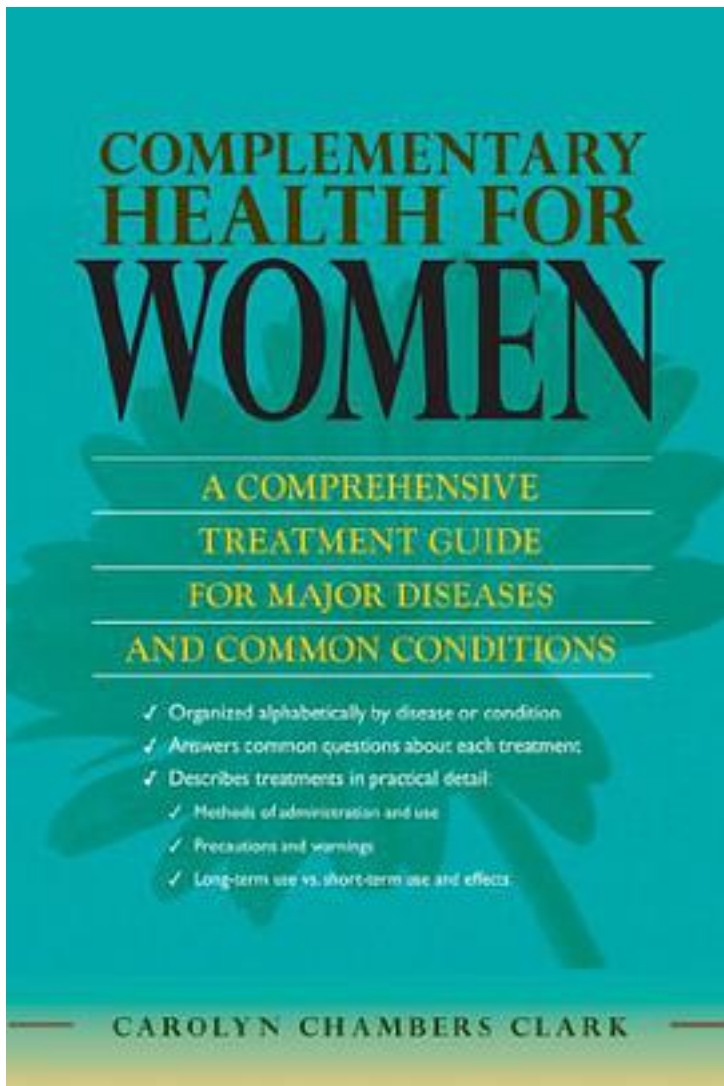


# Complementary Health for Women



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"The volume features extensive references throughout to document evidence-based practices...For practitioners of complementary therapies this is a useful resource...that provide s] more in-depth understanding of each condition and therapy. Summing up: recommended." --"Choice" "Complementary Health for Women" serves as a convenient and practical "how to" guide for treating a wide variety of common diseases and conditions specific to women. This highly specialized book outlines complementary and alternative approaches to female patients with functional complaints and disorders. Key Features: Describes treatment and effects, methods of use, precautions, and long term vs. short term use Offers extensively detailed case studies Features tables comparing various approaches by disease or condition Lists available products and training programs for each disease or condition This book also contains research on various therapies, and offers advice for counseling women. Essential for all levels of nurses working with women, this book provides an invaluable wealth of information showing when, how, and for whom non-medical and self-care therapies can benefit women.

作者介绍:

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