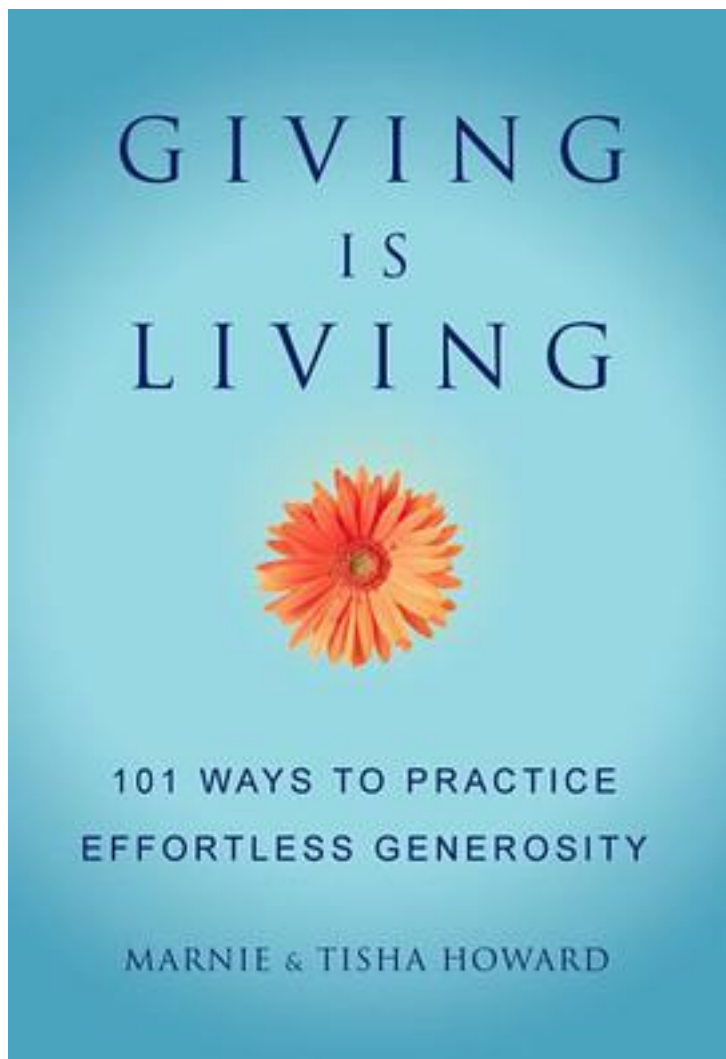


Giving is Living



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THE ULTIMATE GIFT BOOK

Simple. Profound. Life changing.

Because each of us deals with so much stress on a personal level, it can seem like an overwhelming task to reach out to others in need. The truth is, though, that giving back can be easier than we may think.

Giving is Living presents a clear, practical guide to making generosity a part of our everyday lives. It shows us how small efforts to reach out to help those in need can make a real difference.

Authors Marnie and Tisha Howard explain that to function in a world of limited resources and burgeoning demands, we need provide aid to each other. Giving is Living explains that generosity does not have to be about giving money. It can start with a smile, cost nothing, and it can do so much good.

Giving is Living provides 101 easy ways to improve our lives. It's simple: by doing good for others, we can feel great and begin to live our best lives.

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