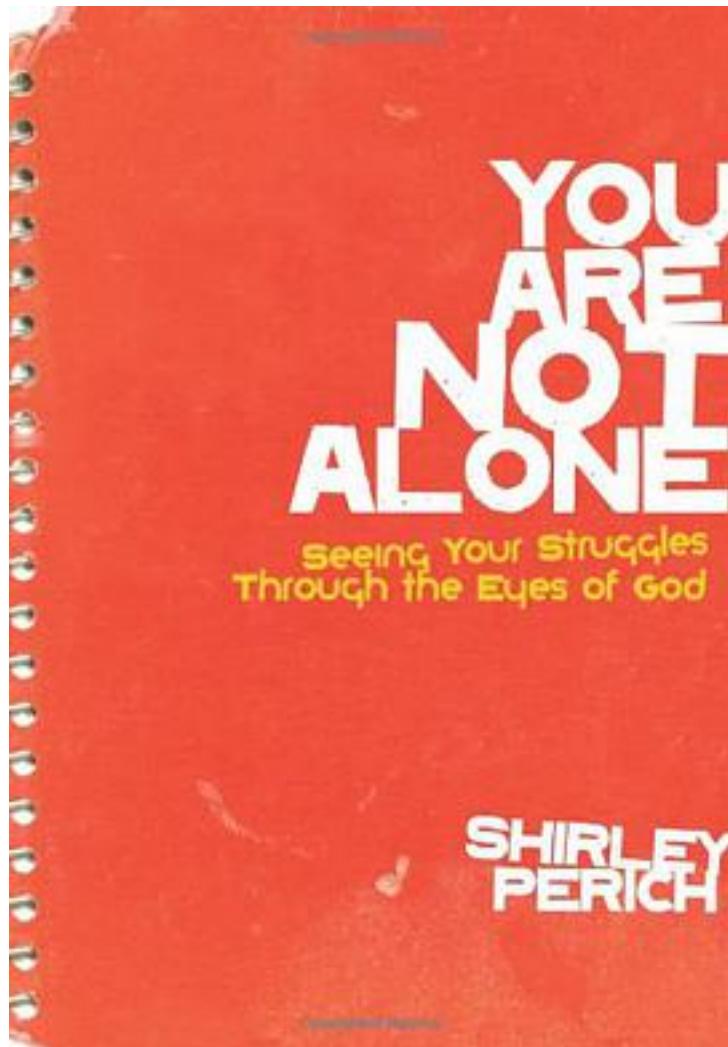


You are Not Alone



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At some point you have probably wondered if you're okay. (Just so you know, you are!) But everywhere you look there's someone telling you how you should look, act, think, and feel. It's easy to get overwhelmed with the pressure to fit in to what our culture says is 'acceptable.' With all the demands in your life, it's easy to sometimes feel small, worried, or weak. You may even struggle with feeling unforgivable, tempted, or worthless. But you're not alone. In this book, you'll find that you're not the only one who has struggled with these feelings. Throughout the Bible are stories of people with the same questions, doubts, and issues you face. As you read, you'll discover that you're not alone (and you're perfectly normal!), and you'll also find your true identity in the God who created you.

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