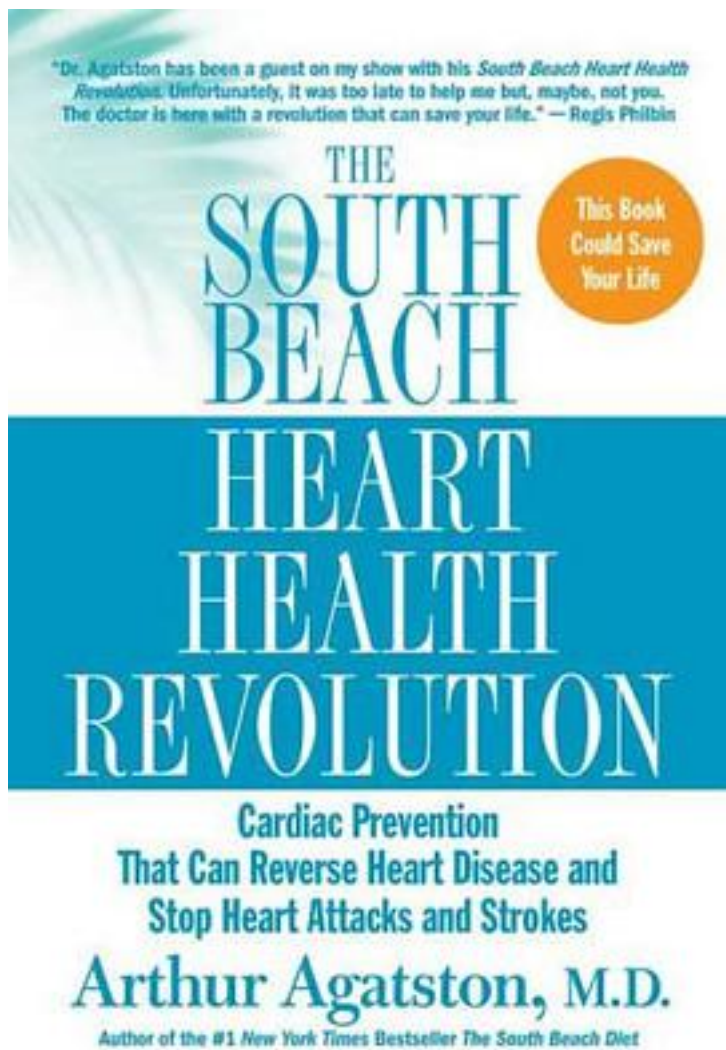


The South Beach Heart Health Revolution



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Assess your cardiac risks, avoid unnecessary surgery, and beat the odds of suffering from cardiovascular disease with this groundbreaking book. Let pioneering cardiologist and #1 bestselling author Dr. Arthur Agatston teach you: "Why your cholesterol level may not accurately indicate your risk for heart attack ""How a simple noninvasive heart scan can reveal if you are a cardiac time bomb ""How you can have a negative stress test and still be at risk for a heart attack ""Why belly fat can be deadly--and what you can do about it ""What you need to know about life-saving state-of-the-art blood testing, heart imaging, medications, and more ""How to transform your lifestyle with a satisfying heart-healthy eating and exercise program that's easy to integrate into your daily routine"...and more with "The South Beach Heart Health Revolution." Change the way you treat your health, your heart, and your approach to living well--now

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