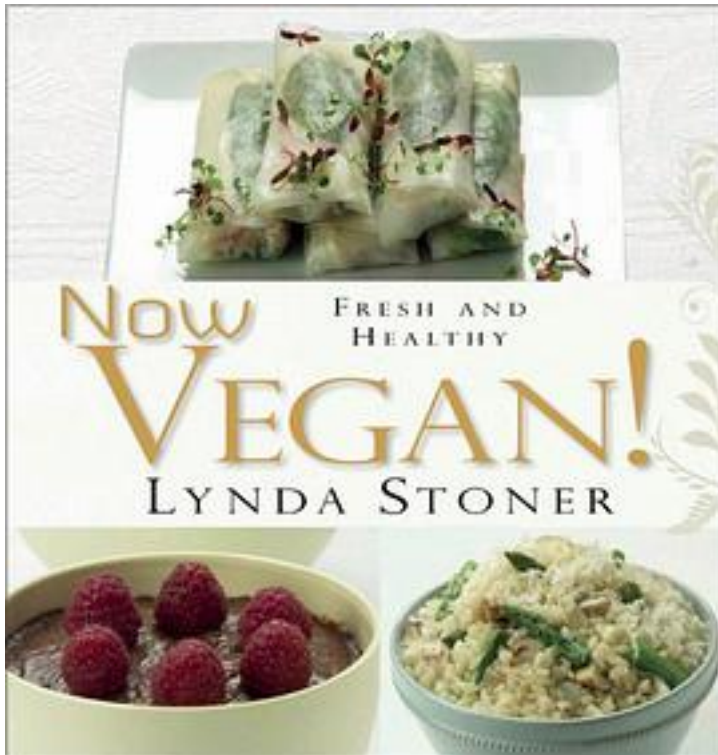


Now Vegan!



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Go vegan. It's Easy. It's delicious. It's good for you, good for the planet and good for animals. Lynda Stoner has collected a mouth-watering collection of vegan recipes from her friends and family to lay a table full of colour, vitality and health. Many of her recipes are salt-free or gluten-free. Be prepared for a taste sensation in this showcase of modern vegan food. Lynda has chosen an enormous variety of dishes - soups, dips, sauces, new ways with vegetables, classic and modern main meals. The baking will fill your kitchen with a warm glow of bread, brownies, puddings and cakes.

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