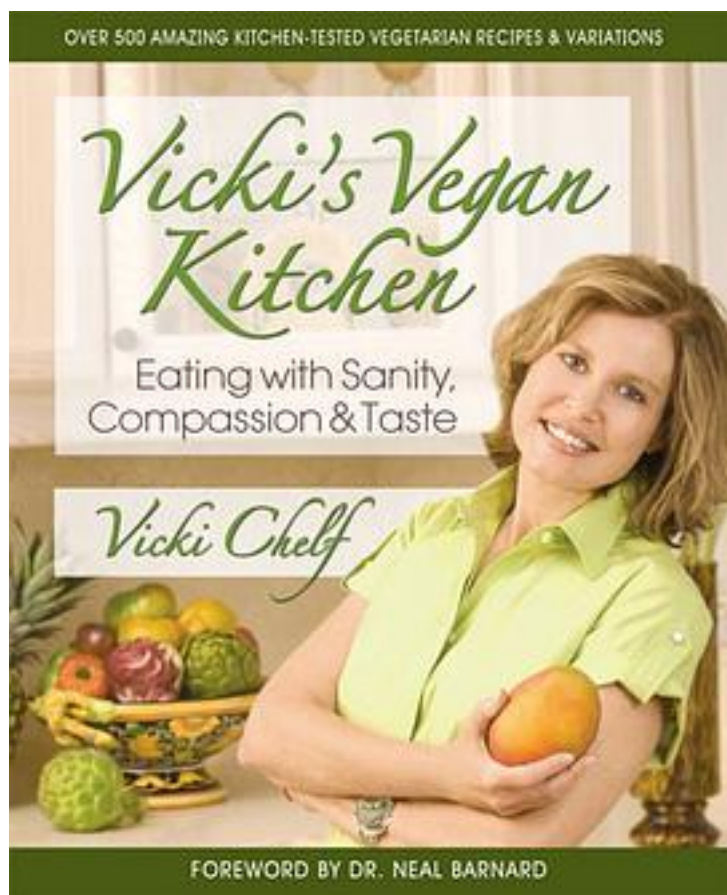


Vicki's Vegan Kitchen



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Tips for making nutritious food choices and well as an extensive glossary of ingredients is all in the beginning of this exceptional book. Simple kitchen equipment needs and basic cooking techniques are covered, then twelve chapters packed with recipes for delicious dips, scrumptious soups, pleasing pastas, decadent desserts, and much,

much more. This book will bring delectable vegan fare to your kitchen table.

作者介绍:

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