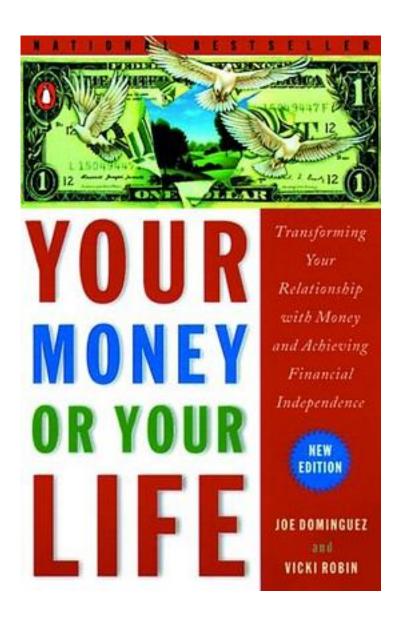
Your Money or Your Life



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Each of us needs to understand the basics of how money and investments work. Our quality of life and the well-being of our family and loved ones depend on it. Cycles of economic upswingsand downturns are normal, and our ability to navigate thefluctuations is critical if we are to thrive and even survive. In "Your Money or Your Life, " Alvin Hall shows us how to master those basic financial principlesthat are essential for sound financial planning. In practical, no-nonsense, straightforwardlanguage, Hall helps us identify our financial strengths and weaknesses and shows us how todevelop strategies that will prudently build our financial security for good times and bad. Hall's sacred financial principles include: - Foolproof methods to get control of spending and greatly reduce credit card debt -- how to avoid spending future income before it is earned. - Strategies to make good financial choices for short-term happiness and long-term financial security -- the importance of developing savings strategies that will last a lifetime.- How to identify the benefits of buying a home and determine the right time to take the plunge. The importance of preparing for the "what if's" that will undoubtedly challenge the best-laid plans. Self-monitoring techniques to help you maintain your right financial balance. "Your Money or Your Life" is a guide to overcoming bad money management and mastering the basics of personal finances today. A frequent guest on NPR and an internationally known financial educator, Alvin Hall answers many of the questions often asked on his radio and television segments -- and more.

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