

Financial Infidelity



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From an acclaimed couples therapist—the first book ever to address the financial power struggles in relationships

Money—not sexual adultery—is the #1 problem in relationships. According to Dr. Bonnie, one of the nation’s leading couples therapists, “nearly one-third of adults in committed relationships admit to lying to their partner about spending habits.” Secret credit cards, binge shopping, revenge spending, and POPs (pissed off purchases) are just a few examples of how financial infidelity undermines trust and harms a relationship.

With clarity and compassion, Dr. Bonnie—who has a near one hundred percent success rate in counseling couples— helps readers recognize their hidden financial indiscretions, reconnect with their partners, and recover the trust and intimacy in their relationships.

作者介绍:

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