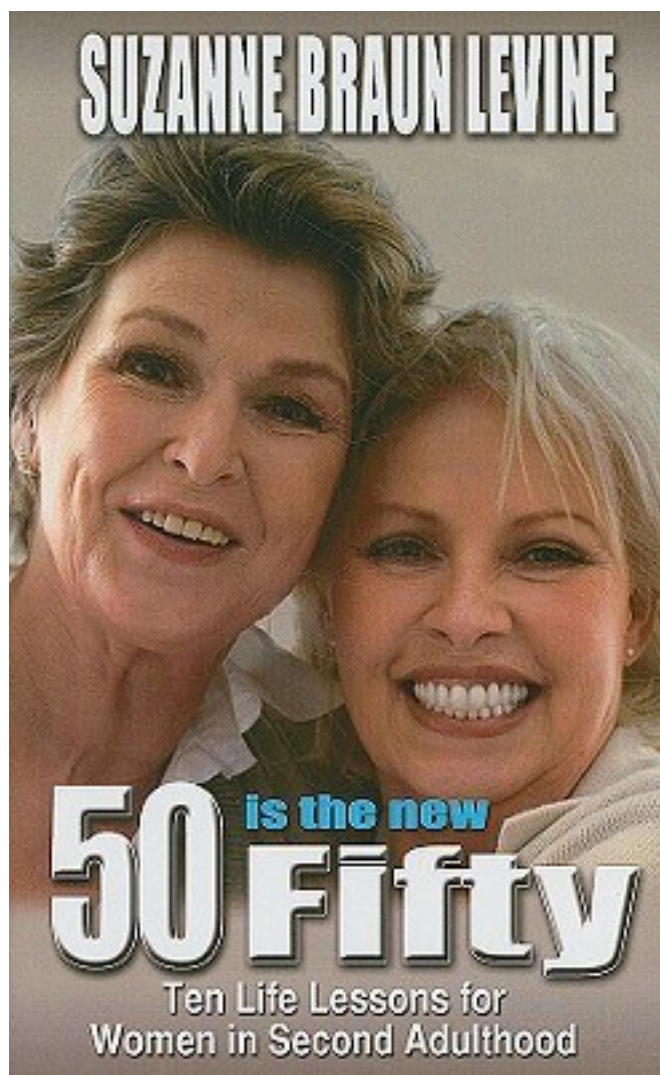


Fifty Is the New Fifty



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出版者:

出版时间:2009-4

装帧:

isbn:9780670020683

Ten lessons to maximize creativity and happiness in the second half of life

In this inspiring new book, Suzanne Braun Levine follows her groundbreaking *Inventing the Rest of Our Lives* with fresh insights, research, and practical advice on the challenges and unexpected rewards for women in their fifties and beyond. Rich with anecdotes from the front lines of self-reinvention, this book captures the voices of women who are confronting change, renegotiating their relationships, and discovering who they are now that they are finally grown up. Among the lessons are: "No" is not a four-letter Word , on the energizing power of standing up for what you mean and what you want; Do unto yourself as you have been doing unto others , a new way of getting yourself to the top of the to-do list; and Your marriage can make it , reassurance that changing your outlook doesn't have to mean walking away from your marriage. Shaped by Levine's empathetic and lively voice, this book is about wisdom, survival, joy, and camaraderie. It reads like a conversation among women who know what they are talking about and want to share what they have discovered.

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