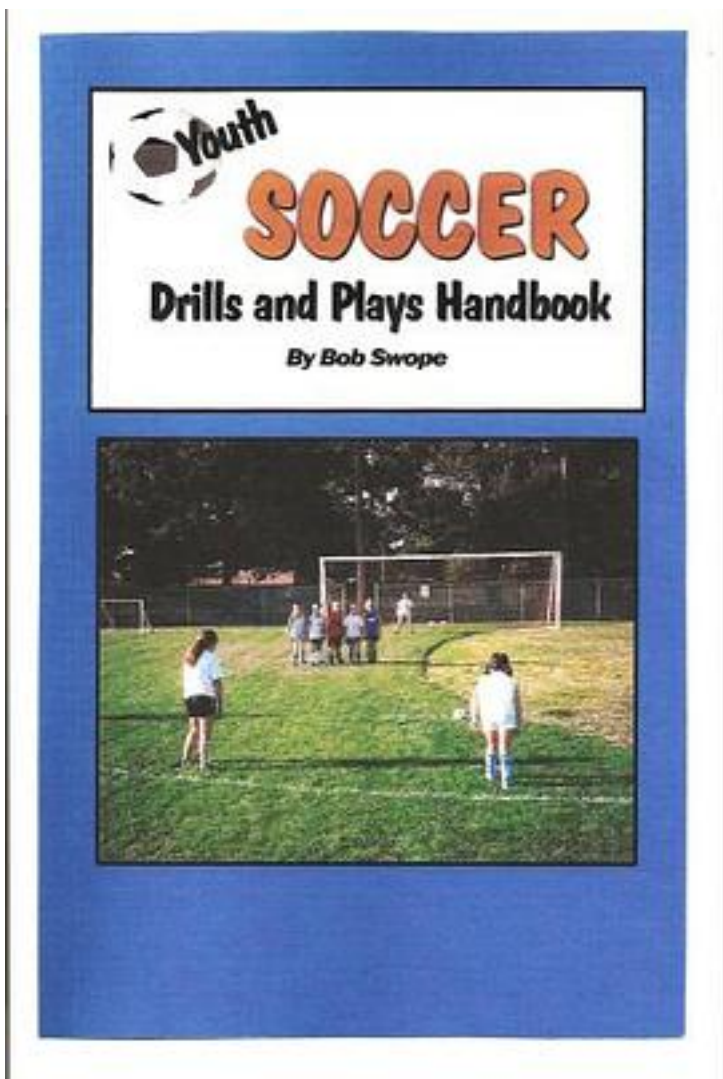


# Youth Soccer Drills and Plays Handbook



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This is a practical handbook for youth Soccer coaches.It has 133 drills, plays, strategies and training game variations, complete with pictures and illustration. Each one has an explanation and diagram of how it works. All of them are numbered for easy reference between coaches. It covers all the basic fundamentals and strategies for offensive and defensive Soccer, to help coaches get started.

作者介绍:

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