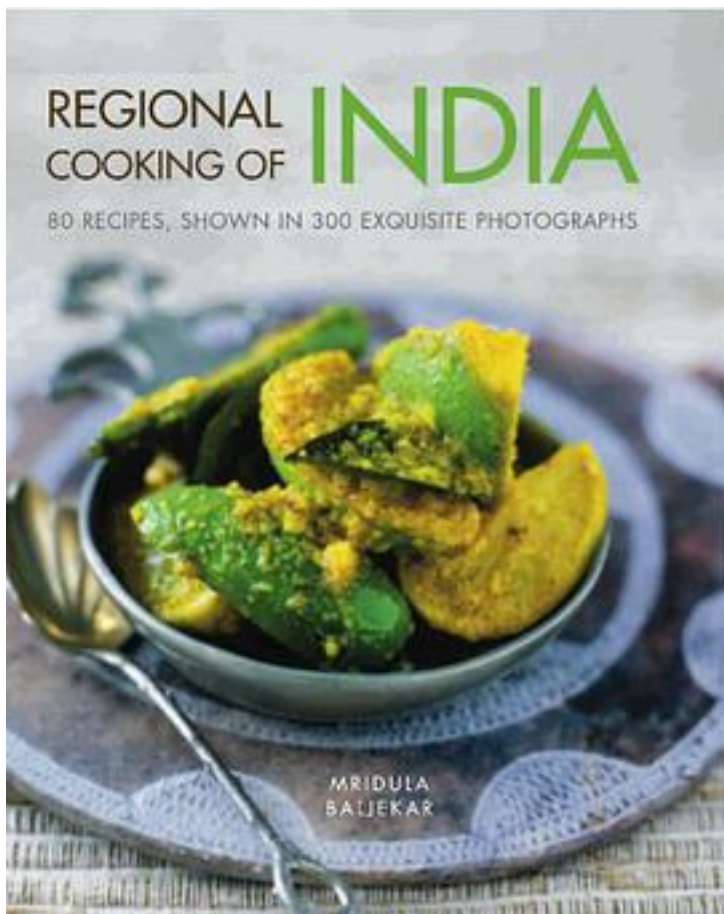


Regional Cooking of India



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This journey through Indian cooking, taking in classic local dishes and well-travelled favourites, is the ultimate introduction to a world-famous cuisine. Among the 80 mouth-watering recipes, you'll find dishes ranging from simple street foods to rich, roasted delights boasting colourful marinades and classic spice combinations. An

authoritative introduction unites the disparate strands of Indian culinary culture, and shows how regional foods are often tempered by migrant cultures, geography and religion as well as local traditions. Beautifully shot with images evoking the authentic character of each region, and exquisite photographs of every dish, this is the ultimate way to discover India's best-kept secrets and unsurpassed classics.

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