

Stop Second-guessing Yourself

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STOP SECOND- GUESSING YOURSELF



The Toddler Years

A Field-Tested Guide
to Confident Parenting

Jen Singer

The Internet's Favorite Momma and
Founder of Please Take My Children to Work Day
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When it comes to raising a toddler, forget about 'what to expect.' It's the unexpected that transforms calm, collected women into frazzled, fried moms. Days when you're running on four hours' sleep and your toddler is melting down on the grocery store floor; times when you're wondering how to dislodge a small object from your child's nose; or those minutes when you think it surely must be two o'clock...except it's only ten thirty. So much for the blessed moments that moms admit to. Welcome to reality. In *Stop Second-Guessing Yourself -- The Toddler Years*, award-winning web site creator and blogger Jen Singer offers the same camaraderie, advice, and encouragement she's become known for as the Internet's favorite Momma. Filled with proven real-world parenting tips, moms' true confessions, and plenty of humor, this validating guide will help you survive the toddler years with more confidence. From bedtime to naps, feeding and potty-training, finding the right playgroup to finding mom-time, it's all here and more. It's the field guide to confident parenting that you'll want to keep in the diaper bag, just in case.

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