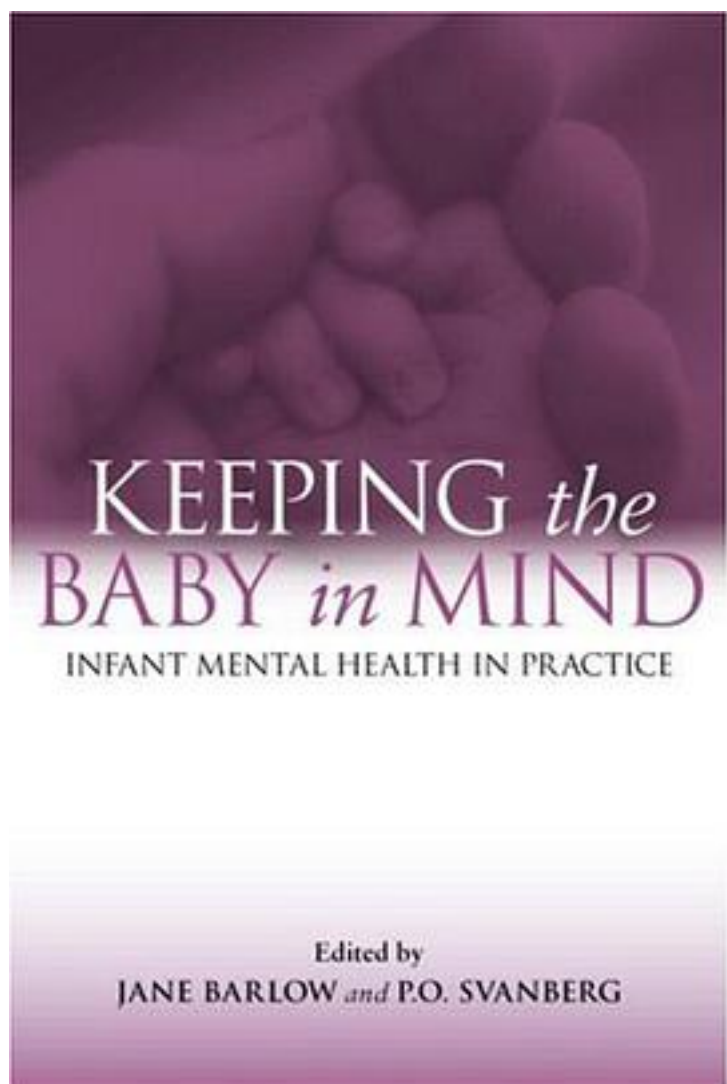


Keeping the Baby in Mind



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"Keeping the Baby in Mind" builds on the expanding evidence pointing to the crucial importance of parents in facilitating their baby's development, and brings together expert contributors to examine a range of innovative psychological and psychotherapeutic interventions that are currently being used to support parents and their infants. It provides not only an overview of the many projects that are now available but also makes recommendations for future practice and the way in which children's services are organized. The book brings together interventions and ways of working that can be used both universally to support parents during the transition to parenthood, and with high-risk groups of parents where for example there may be child protection concerns or parents experience severe mental health problems. Each chapter describes the evidence supporting the need for such interventions and the approach being developed, and concludes with a description of its evaluation. "Keeping the Baby in Mind" marks a new and exciting phase in the development of interventions to support infant mental health and will be of interest across a wide range of disciplines from primary and community care to early years and Children's Center settings.

作者介绍:

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