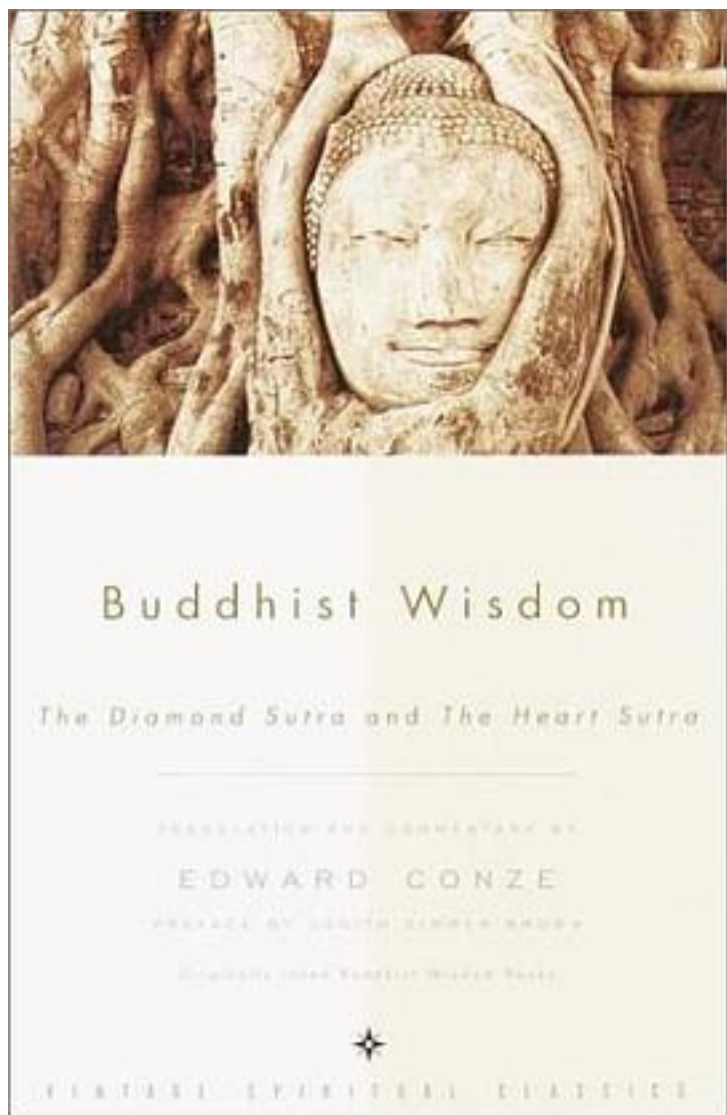


Buddhist Wisdom



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Of course, Buddhist wisdom begins with the Buddha. But for Gerald Benedict, it doesn't end there. Here, for committed believers and curious seekers alike, he has gathered the most memorable and insightful sayings of Buddhism's greatest thinkers through the centuries and from every corner of the globe. Under headings such as "Suffering and its solution," "Mastering the mind," and "Happiness in this present life," "Buddhist Wisdom" holds the keys to a spiritual tradition that offers practical, down-to-earth answers to the deepest questions of our existence. An irresistible introduction to the most popular non-Biblical religion in the U.S., Canada, and Europe today.

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