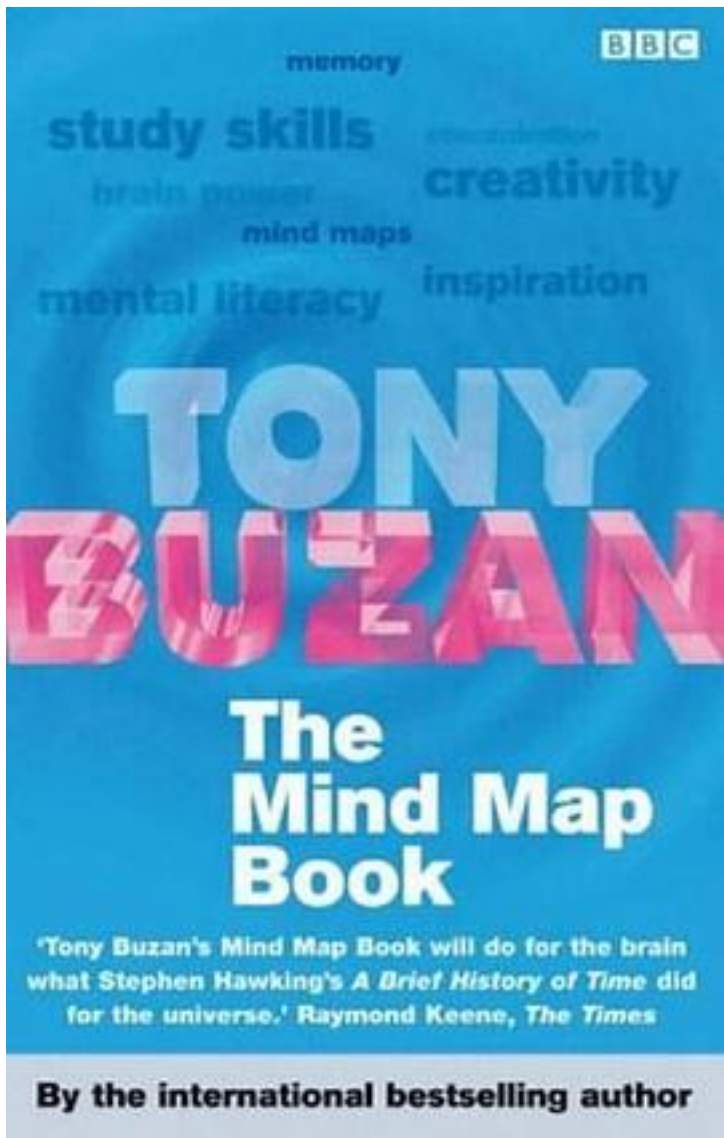


The Mind Map Book



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著者:Tony Buzan

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Tony Buzan is the inventor of Mind Maps and The Mind Map Book is the original and best book on how to use them effectively in your own life. Often referred to as 'the Swiss army knife for the brain', Mind Maps are a ground-breaking, note-taking technique that have already revolutionised the lives of many millions of people around the world and taken the educational and business world by storm. This practical full-colour book will transform the way you plan and organise your life. At school they're perfect for taking notes, revising for exams and planning essays; at work they're great for improving your organisational skills, preparing and running meetings and planning strategy; and in your personal life, no matter what you're trying to plan, be it a wedding, a garden or even your own future Mind Maps can help. Discover how Mind Maps can boost your memory, unlock your creativity, improve your concentration, revolutionise how you think and learn. Discover today how Mind Maps can change your life.

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标签

个人管理

管理

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英文版

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评论

图书馆意外翻来的一本书。很适合大家拓展思维的时候用。。。

It's a manual

迫切地想把脑壳里的记忆全部画成Mind Map，建立数据库

属于工具书类型，其中思维导图的应用领域之广刷新了我对思维导图的认知，开始自己也慢慢尝试用思维导图来为看过的书籍做笔记总结，实践更重要，而且慢慢要形成一套适合自己阅读记忆习惯的结构画法。

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书评

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