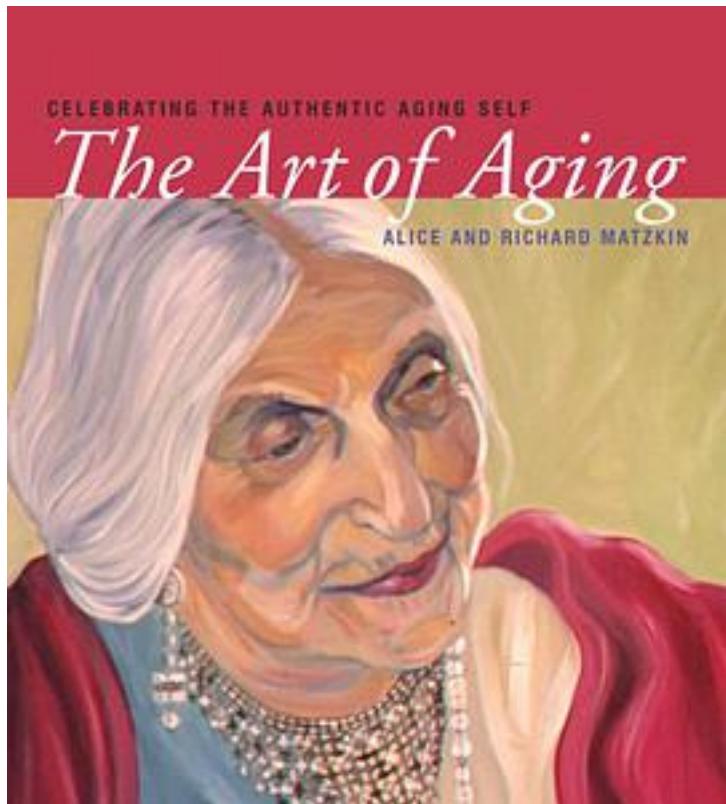


Art of Aging



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著者:Matzkin, Alice

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In this beautiful book, painter and sculptor Alice and Richard Matzkin explore the experience of ageing through their art, finding inspiration rather than despair. Both in their sixties, they use their paintings and sculptures and personal narrative to examine aspects of growing older -- the progression of physical changes, sensuality and relationships, ageing parents, spirituality, and death. They feature well-known people such as feminist Betty Friedan and potter Beatrice Wood, as well as friends, neighbours, relatives, and themselves. They both explore the older nude body in some

of their work. Drawing on their own experiences and the wisdom of older mentors, they demonstrate that the elder years can be a time of growth and wisdom rather than stagnation and loss. This wonderfully illustrated book is a feast for the eyes as well as nurturing to the spirit, and is a useful aide to learning the art of ageing. It leads the reader to a greater appreciation of the miracle and blessing of life.

作者介绍:

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