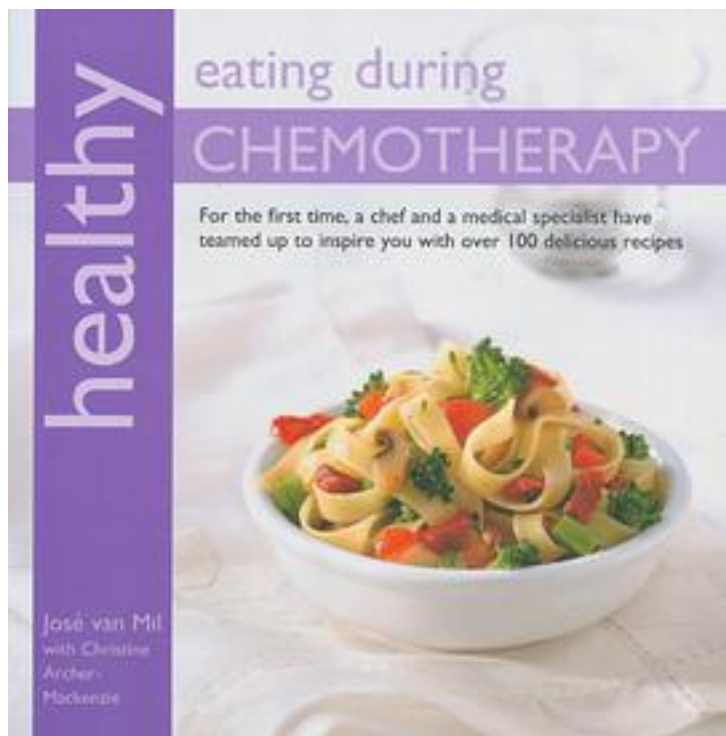


# Healthy Eating with Chemotherapy



[Healthy Eating with Chemotherapy 下载链接1](#)

著者:MacKenzie-Archer, Christina

出版者:

出版时间:

装帧:

isbn:9781904920885

People undergoing chemotherapy often experience changes in appetite and taste. Similar problems frequently arise during radiotherapy, Another common side effect is a sore mouth, making it painful to eat. At the same time, it is vital for their recovery that patients keep their body weight up. This unique cookbook is the first of its kind, offering nutritional advice and delicious recipes to help cancer patients keep on enjoying food while fighting to get better. Devised by a chef and based on medical research, the first section of the book discusses which foods are good to eat and which are not. The second part of the book contains over 160 recipes that have been created to soothe the palate. With chapter titles like Smooth, Crispy, and Soft with a Bite, the

recipes focus on the all-important texture of the food while keeping portions small and manageable. It's an easy, flexible, and appetizing guide and a source of inspiration for everyday dishes.

作者介绍:

目录:

[Healthy Eating with Chemotherapy\\_ 下载链接1](#)

标签

评论

-----  
[Healthy Eating with Chemotherapy\\_ 下载链接1](#)

书评

-----  
[Healthy Eating with Chemotherapy\\_ 下载链接1](#)