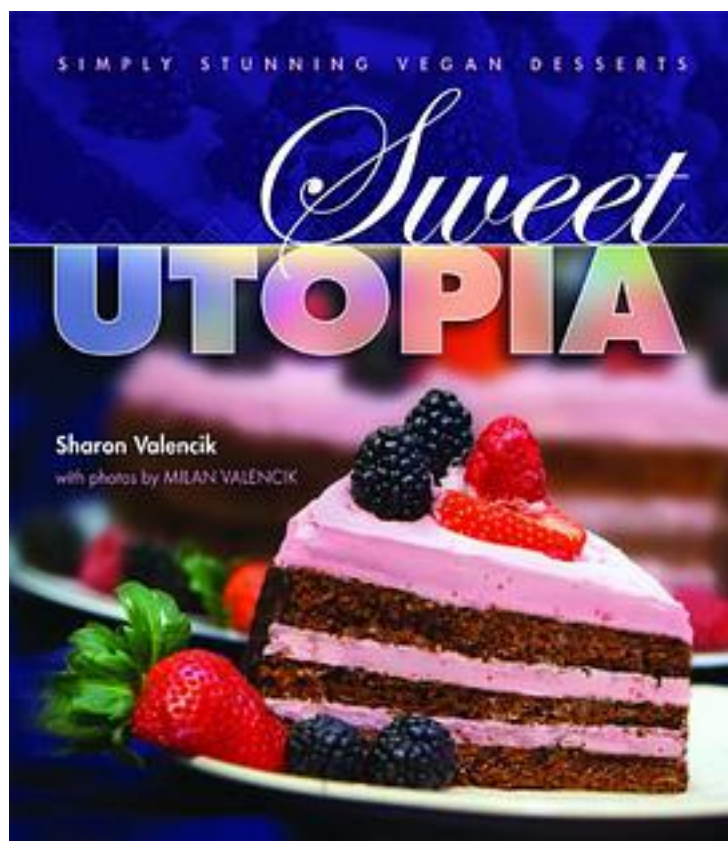


# Sweet Utopia



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Sweet Utopia's easy-to-make, yet sensational, desserts--all lactose- and cholesterol-free--will entice readers to rethink their notions of desserts made without animal products. Sweet Utopia will help them create the luscious flavors and familiar textures of traditional desserts, without the use of eggs or dairy. Straightforward ingredients are used to create a variety of the best cakes, cookies, pies, puddings, and other treats. Whether readers are vegan, allergic to dairy or eggs, watch their

cholesterol and intake of saturated fat, or just love to make sweets, in this book they'll find a wide array of goodies to create and enjoy. Full-color photos provide inspiration for making these tempting treats.

作者介绍:

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