

# The New Mom's Guide to Finding Your Own Mothering Style



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著者:Reed, Monica

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No one gets more advice than a woman with a new baby. Parents, in-laws, friends, and even complete strangers all offer their opinion when it comes to the way you raise your child. Add all the advice from books about parenting strategies, and you've got a recipe for guilt, competitiveness, and hurt feelings. "The New Mom's Guide" "to Finding Your Own Mothering Style" isn't a book of feeding plans and sleep schedules. Rather, it encourages you to discover your own approach to raising your unique child. From graciously disagreeing with grandparents to starting a new mom support structure to preserving your own identity, the sage advice in this audiobook is sure to bolster your confidence and brighten your day. You can do this "The New Mom's Guides" are here to help.

作者介绍:

目录:

[The New Mom's Guide to Finding Your Own Mothering Style\\_ 下载链接1\\_](#)

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