

# The Bicycle Commuter's Pocket Guide



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As sensible as it may seem in an era when fuel prices are skyrocketing in tandem with environmental consciousness, a switch to bicycle commuting doesn't necessarily happen overnight. Certain questions arise: Do I really need that \$1,500 bike? Are Lycra shorts necessary? What about traffic rules? What to do when a tire blows? In "The Bicycle Commuter's Pocket Guide," veteran cyclist, bike commuter, professional messenger, and author Robert Hurst gives you all the answers you need for worry-free riding. The ultimate, practical miniguide to tips, tricks, technique, and gear Compact and user-friendly For riding to work, to the grocery store, or just around town Color photos and illustrations--plus a popout(R) map /LI/UL

作者介绍:

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