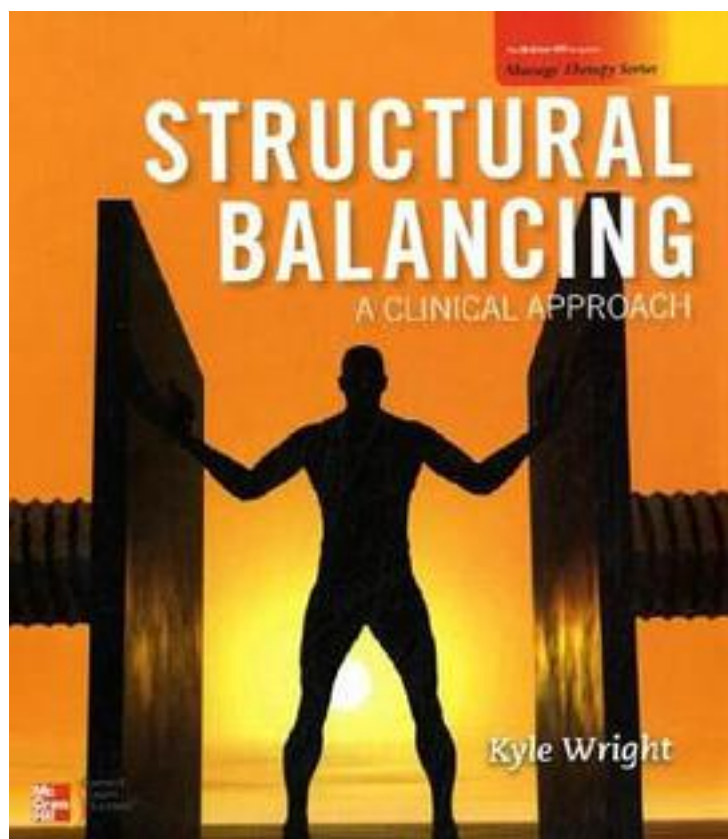


Structural Balancing



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出版者:

出版时间:2010-1

装帧:

isbn:9780073373928

"Structural Balance: A Clinical Approach" by Kyle Wright advances the reader's clinical knowledge and hands-on skills of trigger point therapy techniques, postural and body structural conditions that cause chronic pain and discomfort, and specific therapies and exercises for resolving those conditions. Appropriate for clinical courses in massage therapy, physical therapy, and chiropractic programs, this text provides a step-by-step illustrated guide of manipulations for easy learning of muscle pains and

their causes. Content is practical and treatment specific, discussing muscle attachments, pain patterns, clinical notes, range-of-motion exercises, physical distortions, and proper positioning. "Structural Balance" teaches employable skills for a variety of healthcare specialties.

作者介绍:

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