

Beautiful Skin Revealed



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著者:Friedman, Paul/ Kunishige, Joy

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With so many skin care treatments available, and so many claims of miracle cures, it's hard to know what works and what doesn't. Beautiful Skin Revealed is the definitive source for readers looking to separate help from hype when it comes to wrinkles, age spots, acne, varicose veins, birthmarks, blotchiness, and other common skin problems. Grounded in science, it explains why these conditions occur, the latest treatment options available, and what results can be expected from these treatments. Complementing the in-depth dermatological information are case studies of real patients. Through compelling personal stories and photographs, they share how minor procedures had a profound impact on their lives. Conversations with the doctor and

insider tips are included in each chapter, helping the reader understand how the combination of the right dermatologist and the treatment can make them look as great as they feel.

作者介绍:

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