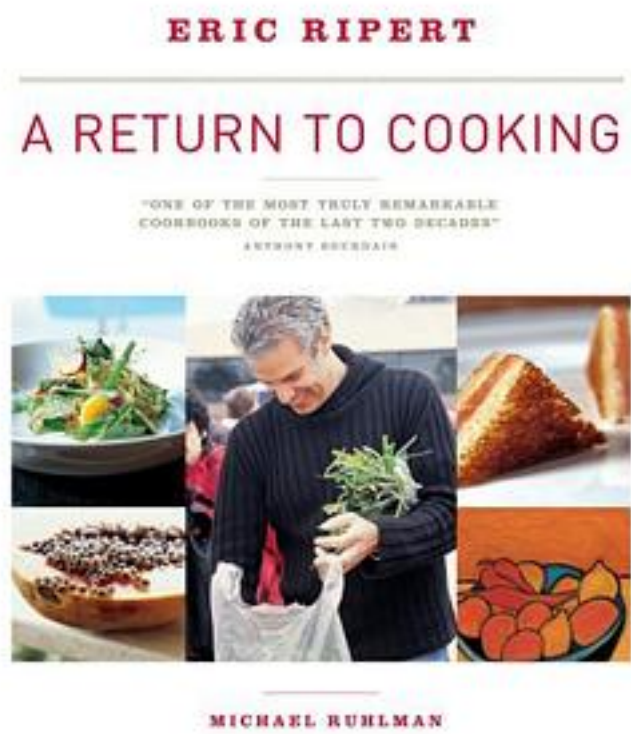


A Return to Cooking



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著者:Michael Ruhlman

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This practical and very spirited cookbook, with nearly 150 recipes, covers subjects as diverse as making pancakes and assembling picnics; shows you how to slow-cook White and Black Bean Ragout with Sausages in your fireplace, cure your own duck ham, and make simple, impeccable last-minute desserts. From spring's Rhubarb Puree to fall's Pumpkin, Acorn, and Butternut Squash Soup with Walnut Oil, here are four seasons of great meals to enjoy with friends. Readers will love Eric's total lack of

pretense (to wit his fondness for alphabet soup, bottled mayonnaise, and Tabasco) as well as his insights into what makes a meal a success.

作者介绍:

Eric Ripert, chef and part owner of New York's Le Bernadin, discovered that as his chef star rose he drifted far, far away from cooking. *A Return to Cooking* is his response to this sorry predicament, the result of a self-imposed challenge: to gather together disparate souls--a painter (Valentino Cortazar), a writer (Michael Ruhlman, author of *The Making of a Chef* and *The Soul of a Chef*), photographers (Shimon and Tammar Rothstein), and a personal assistant (Andrea Glick, who would write and test the spontaneously created recipes)--and simply cook.

The settings (and fresh food ingredients) are spectacular. Sag Harbor in summer. Puerto Rico in winter. California's Napa Valley in spring. Vermont in fall. Rent a house, shop for food, and make the meals happen. For anyone who has ever wanted to understand how a great cook looks at ingredients and settles on a plan, *A Return to Cooking* is it. In Puerto Rico the reader is treated to Caramelized Pineapple Crepes with Crème Fraîche; Shrimp with Fresh Coconut Milk, Calabaza, and Avocado; and Seared Tuna with Escabeche of Pear Tomatoes.

What Ripert does with food, the Rothsteins do with photos, Cortazar does with paints, and Ruhlman does with words. The stimulating recipes rise out of a young lifetime of experience. This is a big, lush book (330 pages, 150 recipes, nearly 400 color photos and illustrations) dense with information, technique, and flavor. For anyone who has wandered far from the kitchen and the pleasures inherent in cooking, *A Return to Cooking* will bring you right back home. --Schuyler Ingle--This text refers to an out of print or unavailable edition of this title.

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