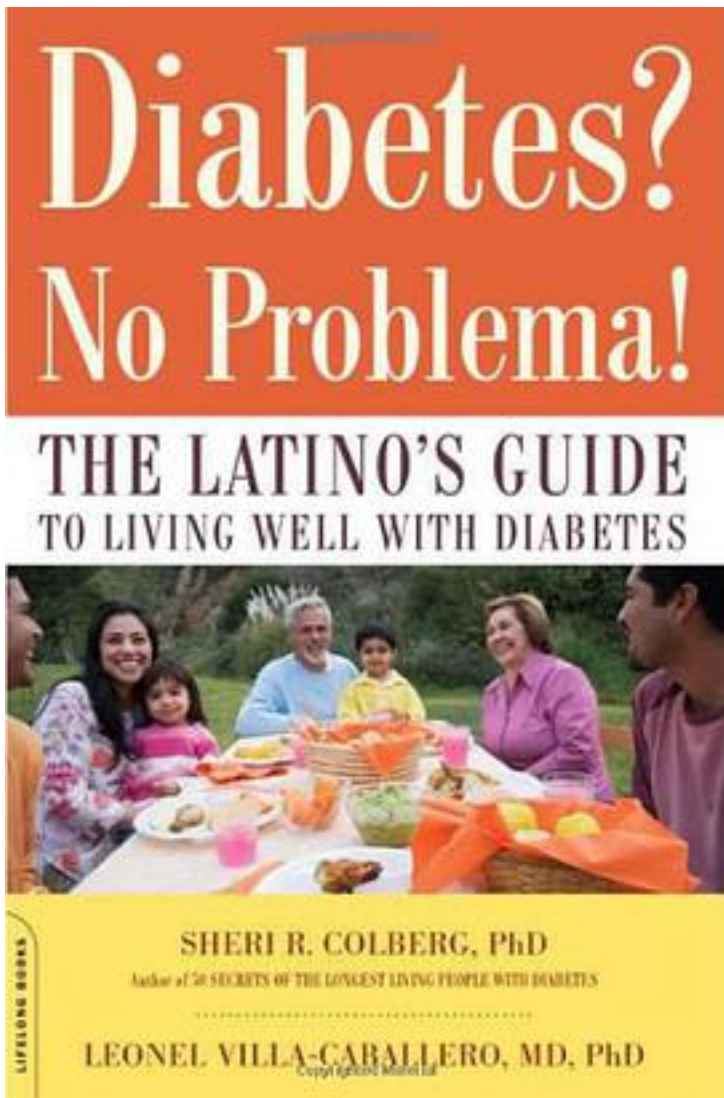


# Diabetes? No Problema!



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An indispensable addition to the diabetes self-care shelf, Diabetes? No Problema is written expressly for the millions of Latinos who have or are at risk for diabetes and its complications. Leading diabetes authorities Drs. Colberg and Villa-Caballero present everything Latinos need to know to understand and manage their condition. Topics include dietary modifications to help control diabetes, common traps and pitfalls, and everyday tips to effectively manage the disease. With inspirational stories of diabetic Latinos who have successfully conquered their condition, Diabetes? No Problema is the most accessible, essential guide for every Latino with, or at risk for, diabetes.

作者介绍:

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