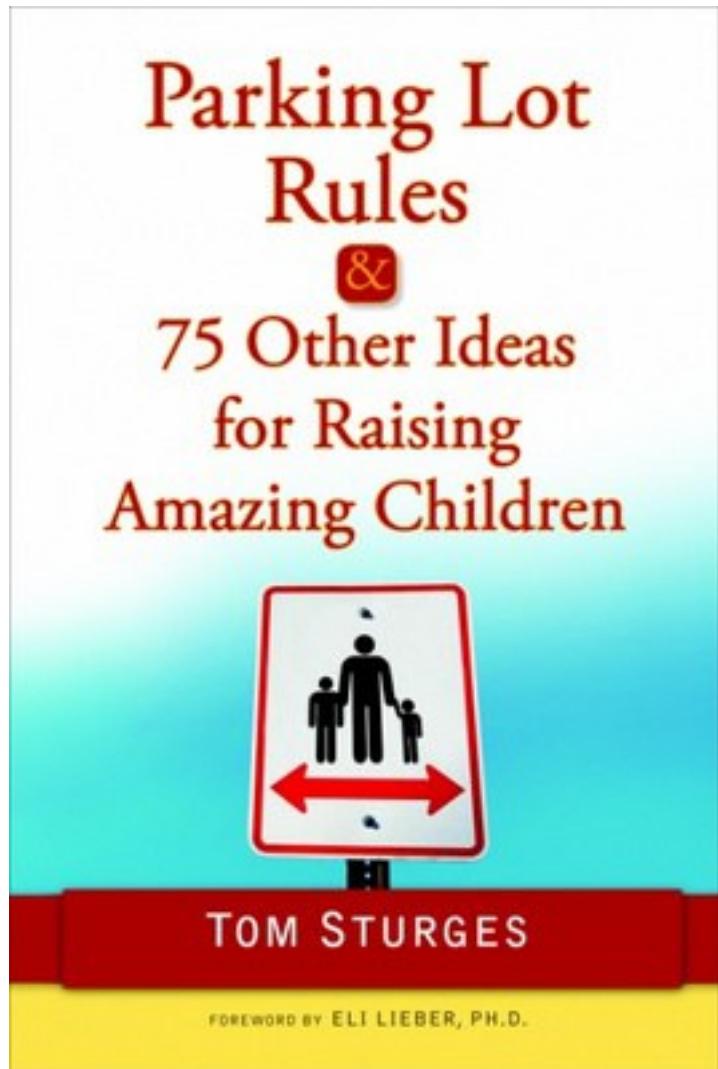


PARKING LOT RULES & 75 OTHER



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When Tom Sturges became a father, he wanted to be the greatest father who ever walked the earth. So Sturges asked a lot of questions. He picked up ideas, advice, and tips from parents, grandparents, even rock stars and sports legends—anyone who had unique insights to share. The result is this practical, inspiring rule book for raising healthy, happy, safe, and cherished children. Philosophical, sensible, and empowering, these 76 ideas include such gems as:

- Teach your children that they have to follow the “Parking Lot Rules” whenever they are in (you guessed it) a parking lot. They must stay close. There is to be no trailing behind. No racing ahead. No exceptions.
- Let your child feel welcome and loved from the instant he or she walks into a room. “Smile When You See Them,” and leave no doubt that, at that moment, your child is the most important person in your world.
- Since parents who yell intimidate, and those who use a calm tone inspire, “When You Get Upset, Whisper”—and make sure your message is heard.
- Follow “The Bill Walton Rule” : If you can’t be on time, be early.
- When your children accomplish something great in sports, use “The ESPN Rule” by telling the story in intimate detail and filling them with the belief that they can do it again and again.

Parking Lot Rules puts a fresh new spin on parenting, in an inspiring handbook full of heart and kindness that will resonate with joy and meaning for parents and children everywhere.

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