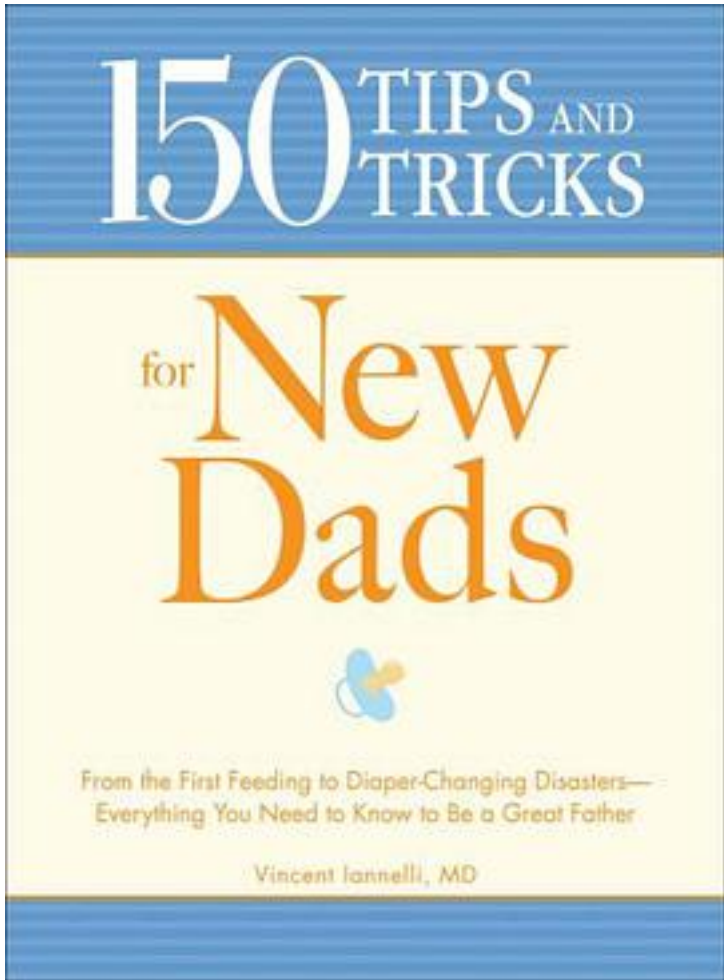


150 Tips and Tricks for New Dads



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著者:Iannelli, Vincent

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Nappy changing. Midnight feedings. Helping the new Mummy feel comfortable. Life after baby can seem unnatural, exhausting, and confusing for dads. "150 Tips and

Tricks for New Dads" is the perfect primer for panicked Papas. Written in an easy-to-read format and accessible tone, new dads can finally feel at ease as they: choose the right car seat; bond with their new baby; feed their newborn; interpret their baby's cries; childproof their house; and, respond to common medical problems. With quick, issue-specific relief like this, new dads can enjoy the first year with a happy and healthy baby - and become the dad they always wanted to be.

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