

# Hiking Illinois



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This is your complete guide to the most interesting and scenic day hiking trails in Illinois. No matter what part of the state you want to explore or how easy or hard a trek you want, this handy book will lead you to the right trail. "Hiking Illinois" features the following: - Detailed descriptions of 100 trails, including the length of trail, estimated time to hike it, and a difficulty rating- 143 easy-to-read park and trail maps- A map of each featured trail, with the points of interest labeled and their distances from the trailhead given- Practical information on how to get to parks, the park hours, available facilities, permits and rules, and a contact address and phone number- A convenient trail-finder grid, which provides a summary of each trail's features and location in the book- A section on nearby points of interest, with contact phone numbers "Hiking Illinois" makes it easy to enjoy self-guided tours of trails in scenic areas in the north, central, and south sections of the state. You'll discover beautiful trails in 59 featured spots, including Bell Smith Springs Recreation Area, Moraine Hills State Park, Beall Woods, and Mississippi Palisades State Park. Author Susan Post is a professional naturalist and a native of Illinois who brings to life the history, terrain, flora, and fauna of each area. And her descriptions of nearby recreational and sightseeing destinations ensure that you won't miss anything on your trip. Whether you live in Illinois or are just visiting, there's no better way to discover the natural beauty of the state than with

"Hiking Illinois."

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