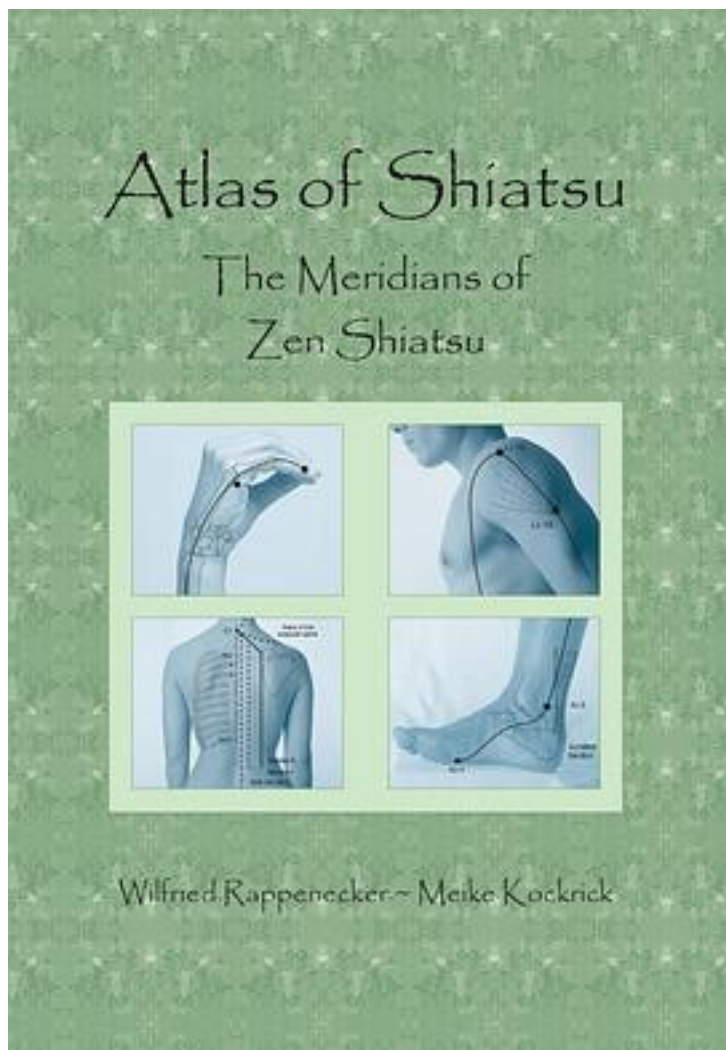


# Atlas of Shiatsu



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著者:Rappenecker, Wilfried/ Kockrick, Meike/ Schuster, Johanna (TRN)

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Atlas of Shiatsu presents clear, detailed descriptions of the twelve main meridians used in Shiatsu practice. The study of the meridians is a difficult aspect of Shiatsu training and this highly-illustrated atlas explains and illustrates their positions within the body. The description of each meridian is supported by 15-30 illustrations.

Clear and detailed descriptions of each of the twelve main meridians used in Shiatsu practice Highly illustrated, with 15-30 illustrations supporting the description of each meridian Attractively designed The first atlas of shiatsu

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