

# Basic Trap and Skeet Shooting



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\* An illustrated guide to the fundamentals of shooting trap and skeet \* Tips on gear, ammunition, safety, storage, shooting stance, and more \* Includes step-by-step instructions on how to clean a shotgun The sport of trap and skeet shooting is described in detail for the beginning or experienced shooter. Includes instructions on

how to safely handle firearms, load and unload shotguns, determine dominant eye, swing toward the target, follow through, and more. Hundreds of full-color photographs illustrate how to successfully participate in these traditional shotgun sports. Complete with a chapter on gear to get started, this easy-to-use guide covers everything from choosing and transporting a shotgun to setting a stance and ultimately breaking the clays.

作者介绍:

目录:

[Basic Trap and Skeet Shooting\\_ 下载链接1](#)

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