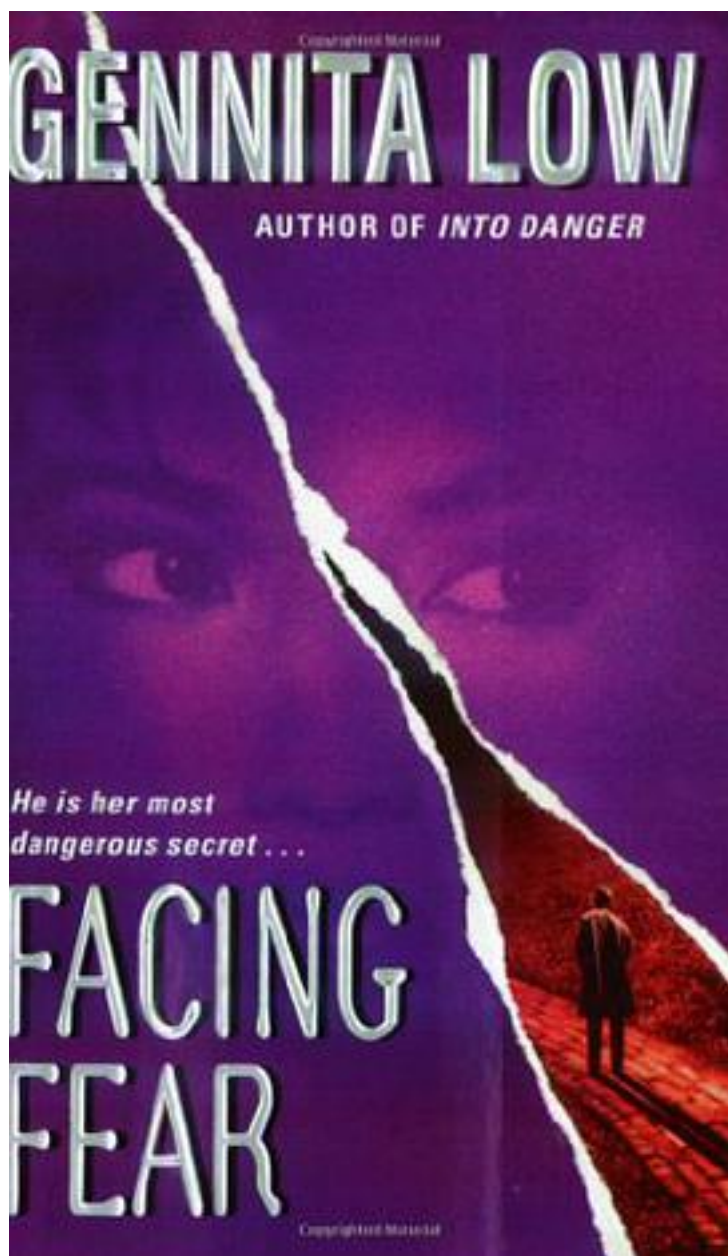


Facing Fear



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著者:Strasser, Judith

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After the presidential campaign and election in 2004, Judith Strasser set out to investigate the nature of fear and its widespread use as a political campaign strategy. After flying to Seattle to conduct research for her study of political fear, Strasser returned home to a diagnosis of stomach cancer. "Facing Fear "traces Strasser's attempt to understand the nature of fear and anxiety and to regain control of a life threatened by a fatal disease. Part memoir, part journalism, and all heart, her book explores our biological and psychological responses to fearful events, examines the culture of fear in which we live, and suggests ways in which we, both as individuals and as members of a community, can overcome our anxieties and face our fears with courage and hope.

作者介绍:

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