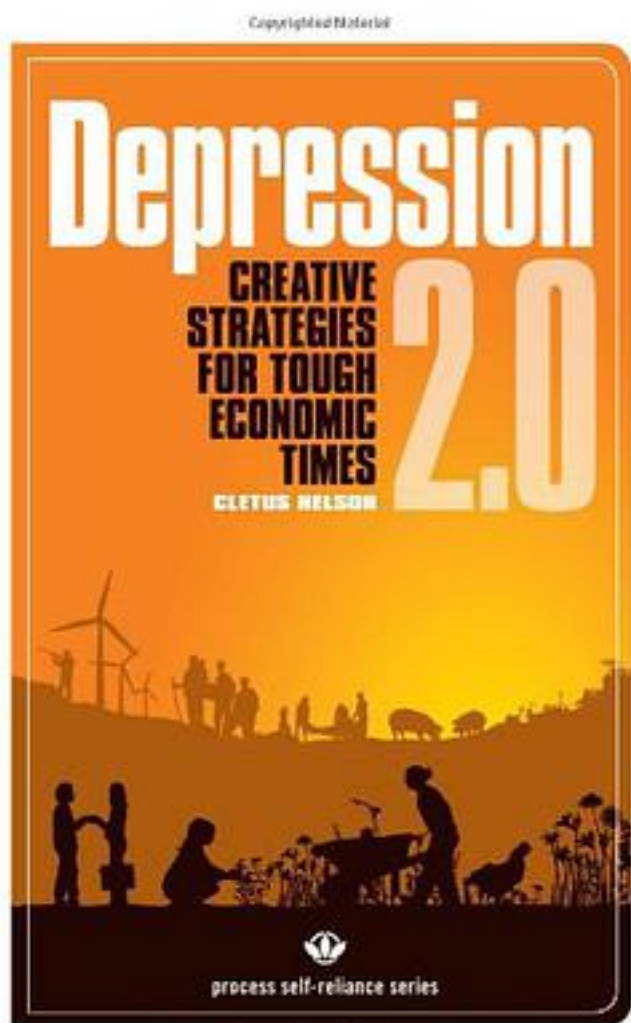


Depression 2.0



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With contributions from Douglas Rushkoff, Claire Wolfe and Charles Hugh SmithWe have grown accustomed to life in a stable and prosperous society, and many of us are not prepared for financial uncertainty.Depression 2.0 is a practical, empowering, hands-on guide to persevering and even thriving in the event of an economic crisis. Placing particular emphasis on self-sufficiency, community-building, and personal resilience, this timely, informative book offers a hopeful way forward in a time of great uncertainty. Bankruptcy, barter, and survival investing are just a few of the important topics explored.Chapters include: - Worst Case Scenario: Contemplating Unemployment - Down but Not Out: Economics for Leaner Times - Walking Away: Thinking about Bankruptcy - In Case of Emergency: The Resilient Home - Return to Simplicity: Retreat Options - Keeping the Lights on: Home Energy Solutions - Between the Cracks: When You Have No Shelter - Beyond Currency: When Greenbacks Go Bad - Survival Finances: Crisis Investing - Future Shift: The Road AheadDepression 2.0 is the fourth title in Process' celebrated Self- Reliance Series, created to help urbanites make smart choices to live sustainably in the twenty-first century.

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