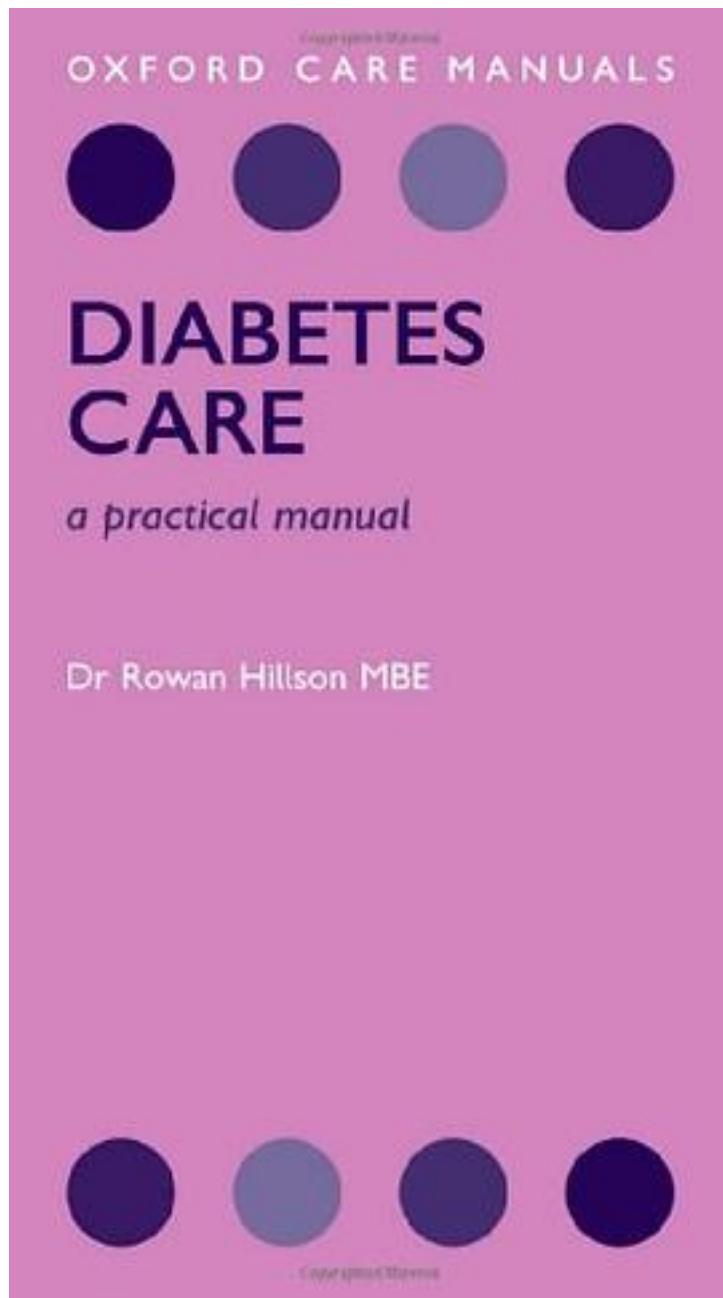


# Diabetes Care



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Diabetes Care: a practical manual is a concise and easy-to-read reference source for all aspects of care in the management and understanding of diabetes. This book provides a step-by-step guide to diabetes care for doctors, nurses and other health care professionals working in primary, community and secondary care; particularly general practitioners, practice nurses, diabetes specialist nurses, junior hospital doctors, and ward nurses, and pharmacists. The author draws on practical experience and takes a realistic, common-sense approach to the assessment, education, monitoring and treatment of diabetes in all age groups. New diagnostic criteria are explained, and the bewildering range of new pills, insulins and gadgets are clearly discussed with help in choosing the right one for your patient. There are detailed sections on helping patients to manage diabetes in every day life - eating, exercise, work and travel. There is extensive advice on the monitoring and adjustment of glucose levels, and how to prevent and cope with emergencies, whether in the GP's surgery or the intensive care unit. This book focuses particularly on the prevention, detection and treatment of diabetic tissue damage, including heart disease. Less well-recognised but important tissue damage and its management is also included. Specific chapters are devoted to children, the elderly and those from varied ethnic backgrounds, and men and women with diabetes. Diabetes Care: a practical manual gently guides those who wish to establish new diabetic services, and provides more detailed specialist information for those who wish to enhance the diabetes care they already provide.

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