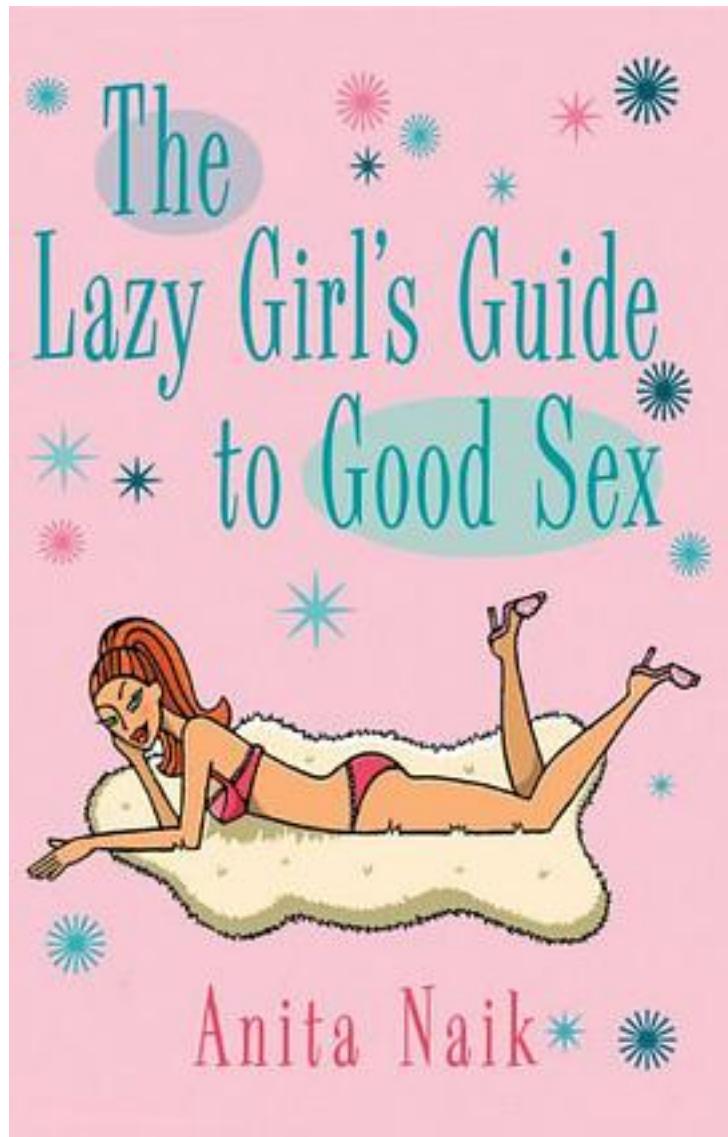


The Lazy Girl's Guide to Good Sex



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The Lazy Girl's Guide to Good Sex is for women who want to know more about sex but don't want the information to be base, vulgar or too mechanical. This is a frank, down-to-earth look at sex from a back-to-basics point of view. Anita Naik takes you from those early teenage fumbles right through to where you are today and beyond - so that you can get a full picture of what it means to have good sex. Unlike other sex manuals you won't have to search for these tips in between embarrassing legs-wide-open shots or worse. Instead this book will show you:mid Short cuts to good sex whenever you wantmid How to have sex that leaves you feeling sexy, fulfilled and at ease with your bodymid Pointers on how to be more relaxed about something that is supposed to be funmid What is fact and what is a mythmid How to change your sexual patterns for the bettermid Useful advice on foreplay, oral sex, orgasms, masturbation and fantasies. The Lazy Girl's Guide to Good Sex is a funny, irreverent guide to being sexy and sexual in the 21st century. So even if you are too lazy to go at it for longer than five minutes - they'll still be five minutes worth bragging to your friends about.

作者介绍:

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