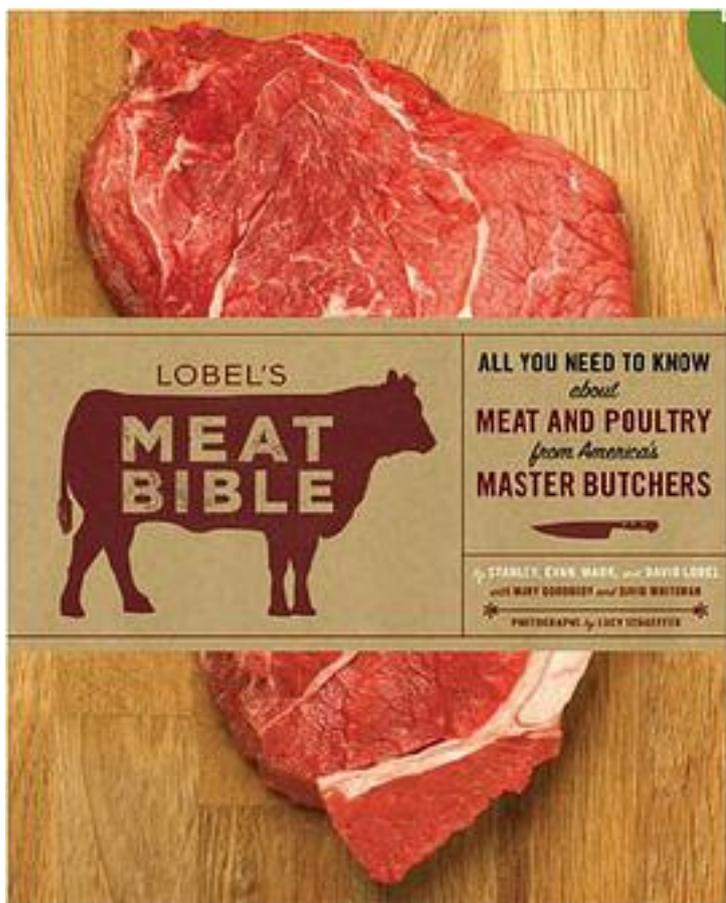


# Lobel's Meat Bible



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In a city that knows its meat, the Lobel family of New York is the prime purveyor. Whether it's beef, pork, lamb, poultry, or game, they know not only how to choose it, but also the very best ways to prepare each cut. This cookbook is all about the cut. Organized by type of meat (beef, veal, pork, lamb, poultry, game birds, variety meats,

sauces and stocks), each chapter begins with an in-depth description of every cut of the animal you can get (t-bone, shell roast, rib-eye roast, whole fillet, tri-tip roast etcetera). They'll tell you the best way to cook each cut to make it taste the best and then they offer 150 recipes that use the perfect cut for the perfect dish. The recipes go from simple to spectacular. Start with the easy to prepare Seared Strip Steak with Peppercorns or move onto something more elaborate like the Pampas-Style Stuffed, Rolled Flank Steak. And the recipes offer so much more than just beef. Veal and Ricotta Meatballs, Burmese Curry Pork Chops with Chorizo Vinaigrette, Lamb Tagine with Two Squashes, Apricots, and Almonds, Classic Chicken in Cream Sauce - this wonderful cookbook has recipes for every kind of meat you can think of. There is even a chapter for 'variety meats' such as liver, kidney, tongue, and sweetbreads. A basic recipe section offers all the sauces and stocks you need to create a complete meal.

作者介绍:

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