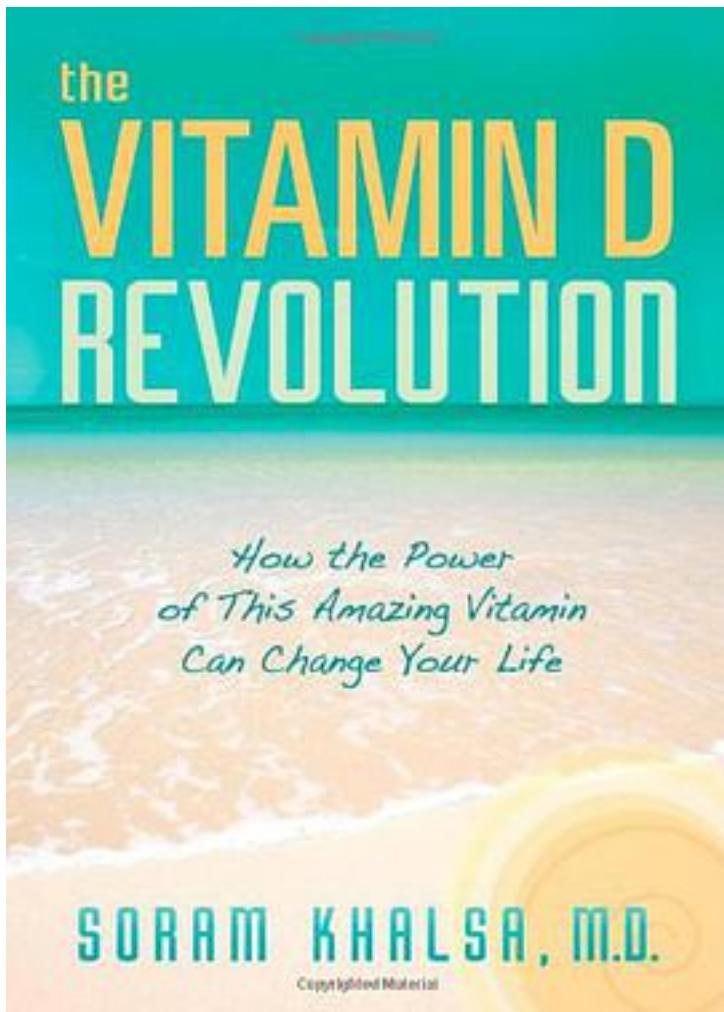


# The Vitamin D Revolution



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Recent groundbreaking medical research has made a connection between Vitamin D

deficiency and seventeen types of cancers, including breast, colon, and prostate. Illnesses such as influenza, diabetes, multiple sclerosis, and coronary heart disease have also been connected to a lack of this vitamin. Until not too long ago, not getting enough Vitamin D - also known as the sunshine vitamin was only associated with the childhood bone disease rickets. Now Dr. Soram Khalsa sheds new light on the power of this long-forgotten vitamin. He reveals how to recognize signs of Vitamin D deficiency, which has reached epidemic proportions in Western society, and shares unique insights from his Beverly Hills medical practice.

作者介绍:

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