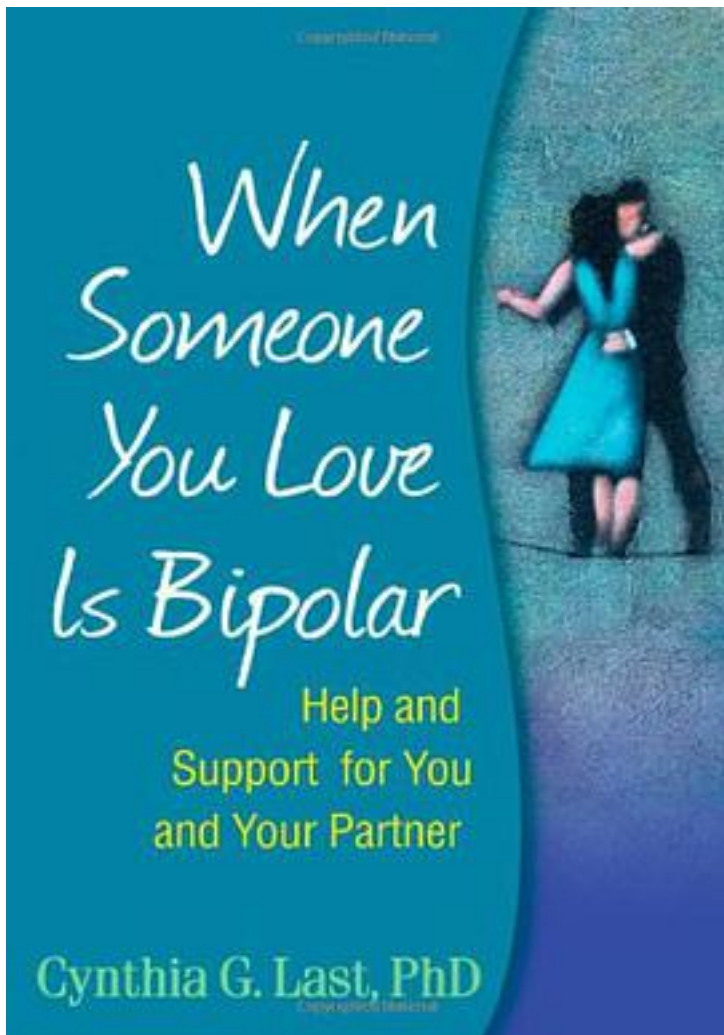


When Someone You Love is Bipolar



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What happens when 'in sickness and in health' meets the turbulent challenges of

bipolar disorder? In this wise, candid, and compassionate book written expressly for the spouse or partner, Dr. Cynthia Last shares her heartfelt insights as a highly regarded therapist/researcher and a bipolar sufferer. Readers learn how to help their loved one come to terms with a bipolar diagnosis and find effective treatment - and how to work together to get control over the mood swings and live life to the fullest. Vivid examples from Dr. Last's own experience and the couples she has treated illuminate ways to resolve painful relationship conflicts caused by the illness. She shows spouses what they can do to provide truly helpful nurturance and support, while also taking care of themselves.

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