

Reconnecting



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Dr. Joseph J. Luciani explains how to put self-coaching techniques to work to break relationship-damaging habits and make your relationship better, even if you must begin the process on your own with a reluctant partner. With clear, prescriptive advice and analyses as well as stories of Dr. Luciani's work with couples who successfully overcame bitter conflicts and developed loving, committed relationships, this unique resource is a powerful tool for anyone working through relationship issues.

作者介绍:

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