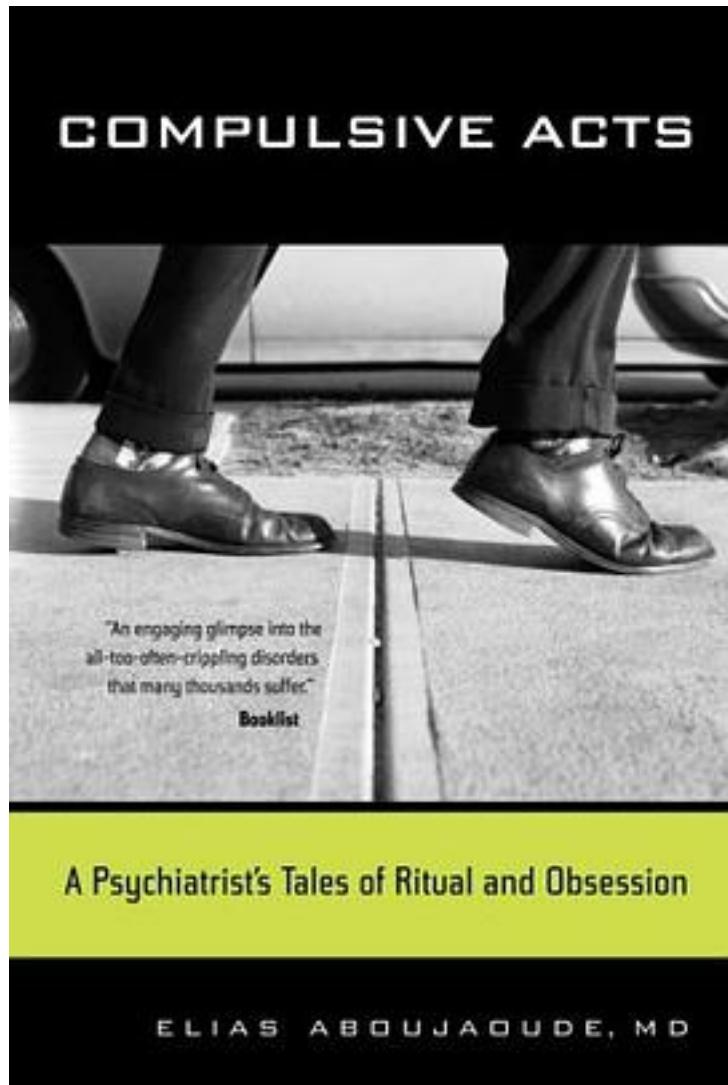


Compulsive Acts



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著者:Elias Aboujaoude

出版者:University of California Press

出版时间:2009-3-2

装帧:Paperback

isbn:9780520259850

In this compelling book, we meet a man who can't let anyone get within a certain distance of his nose, two kleptomaniacs from very different walks of life, an Internet addict who chooses virtual life over real life, a professor with a dangerous gambling habit, and others with equally debilitating compulsive conditions. Writing with compassion, humor, and a deft literary touch, Elias Aboujaoude, an expert on obsessive compulsive disorder and behavioral addictions, tells stories inspired by memorable patients he has treated, taking us from initial contact through the stages of the doctor-patient relationship. Into these interconnected vignettes Aboujaoude weaves his own personal experiences while presenting up-to-date, accessible medical information. Rich in both meaning and symbolism, "Compulsive Acts" is a journey of personal growth and hope that illuminates a fascinating yet troubling dimension of human experience as it explores a group of potentially disabling conditions that are too often suffered in silence and isolation.

作者介绍:

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标签

评论

斯坦福大学医院的心理诊所的一位医生从他的强迫症病人中选择一些案例写成的书。涉及到的病例很沉重，也并非所有病例都有happy ending，不过这本书易读、不乏幽默感、有一定科普性。学术性并不强，而且我也始终没有找出来作者在前言里说的觉得这些故事可以拼成一个完整的画面究竟体现在哪里。闲时可以翻一翻。

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书评

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