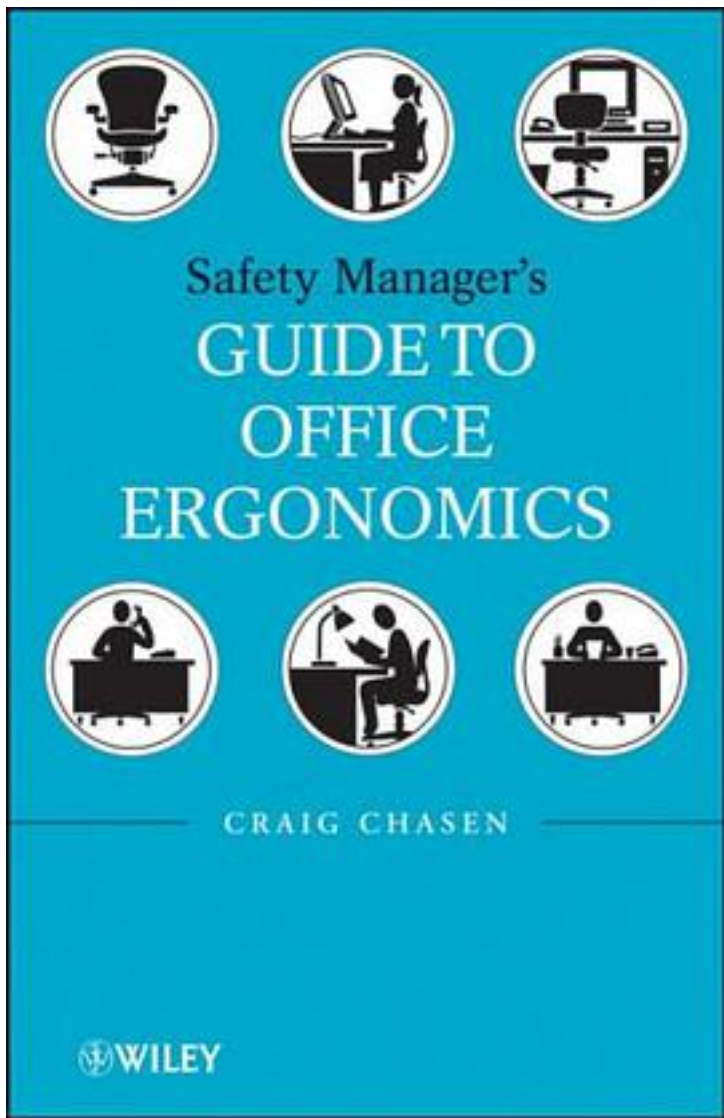


Safety Managers Guide to Office Ergonomics



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Easy-to-implement advice for comfortable, productive work environments Safety Managers Guide to Office Ergonomics offers easy-to-follow, non-technical advice that helps you prevent on-the-job injury. You'll learn how to create comfortable, productive working environments as well as resolve employee discomfort before discomfort becomes a debilitating injury. With some fifteen years of experience in office ergonomics, author Craig Chasen has performed more than 4,000 ergonomic evaluations of employees and their work environments, which form the foundation of the book. Safety Managers Guide to Office Ergonomics guides you through the ergonomic evaluation process and then logically organizes employee discomfort by the body part affected. Using his own ergonomic evaluations as case studies, the author enables you to hear how employees express a particular discomfort and visualize the posture and workstation set-up that caused or contributed to the complaint. Each case ends with easy-to-implement solutions to resolve the discomfort. Because ergonomic solutions are specific to an individual's size, work activities, and workstation configuration, the author provides several scenarios for each area of discomfort, helping you tailor your solution to the specific needs of an employee. This book also helps you evaluate and purchase office equipment that enables employees to work as comfortably and productively as possible. Written in straightforward language, Safety Managers Guide to Office Ergonomics is ideal for anyone responsible for creating and managing a healthy work environment. Even if you are not responsible for others, you'll find that this book's helpful advice enables you to avoid on-the-job injury and work as comfortably as possible.

作者介绍:

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