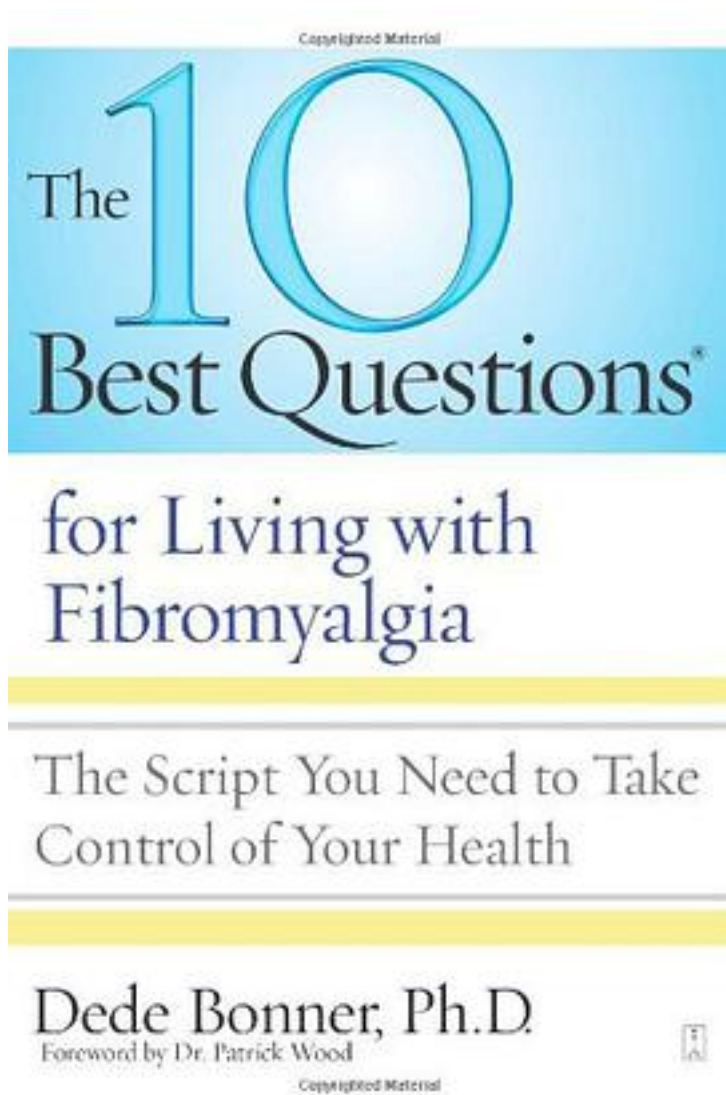


# The 10 Best Questions for Living with Fibromyalgia



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A good mind knows the right answers...but a great mind knows the right questions. And never are the Best Questions more important than after the life-altering diagnosis of fibromyalgia -- or when you are talking with endless doctors about your chronic pain, hoping to finally get a correct diagnosis and treatment plan. Drawing on cutting-edge research and advice by nearly sixty experts from the National Fibromyalgia Association; Mayo Clinic; and leaders in fibromyalgia, sleep, and stress disorders -- as well as celebrity patients, including author Martha Beck and singer Rosie Hamlin -- "The 10 Best Questions(R) for Living with Fibromyalgia" is a comprehensive guide you'll take along to your doctor's office and keep close at hand for its well-researched answers as you continue your journey to better physical, mental, emotional, financial, and spiritual health. With a wealth of resources and up-to-the-minute information, "The 10 Best Questions(R) for Living with Fibromyalgia" shows you how to move beyond your fears and use the power of the Best Questions and Magic Questions -- the smartest questions that most people never think to ask -- to become your own best advocate in conquering the symptoms of fibromyalgia and its negative effects on your personal life.

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