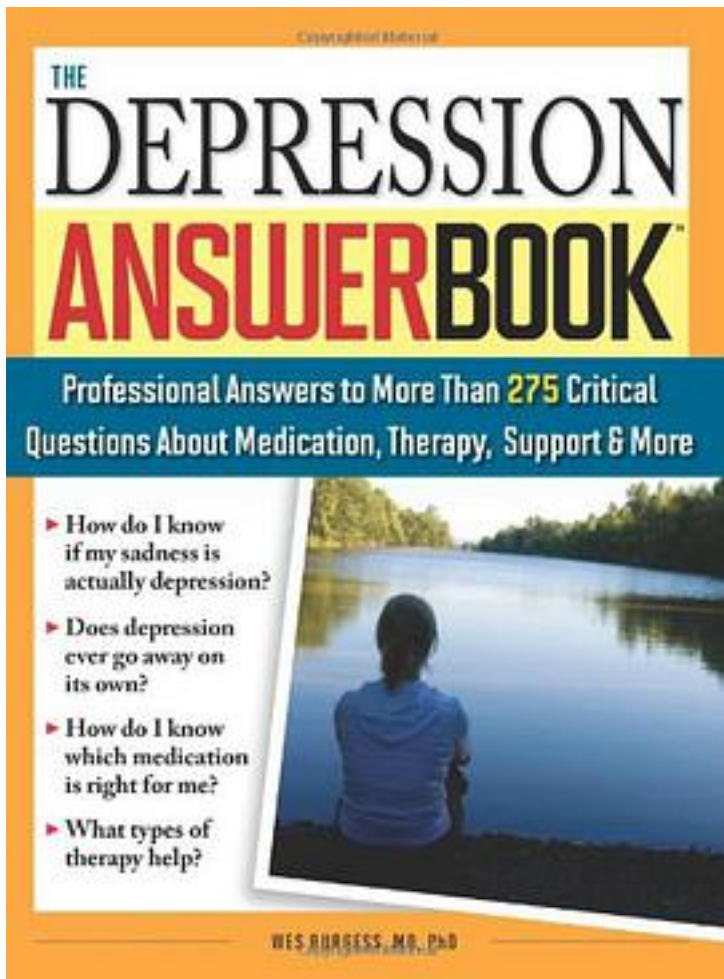


The Depression Answer Book



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This is a must-have shelf reference written in our easy-to-read and reference question-and-answer format. Authored by an experienced psychiatrist who has done

extensive work in the mental health arena, readers will find more than 250 questions and answers that cover such pressing topics as: How many types of depression are there? What conditions often co-exist with depression? Does depression ever go away on its own? How can I help a family member who is depressed? Couldn't everyone be diagnosed with depression at one time or another? And, how do I know which medication is right for me?

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