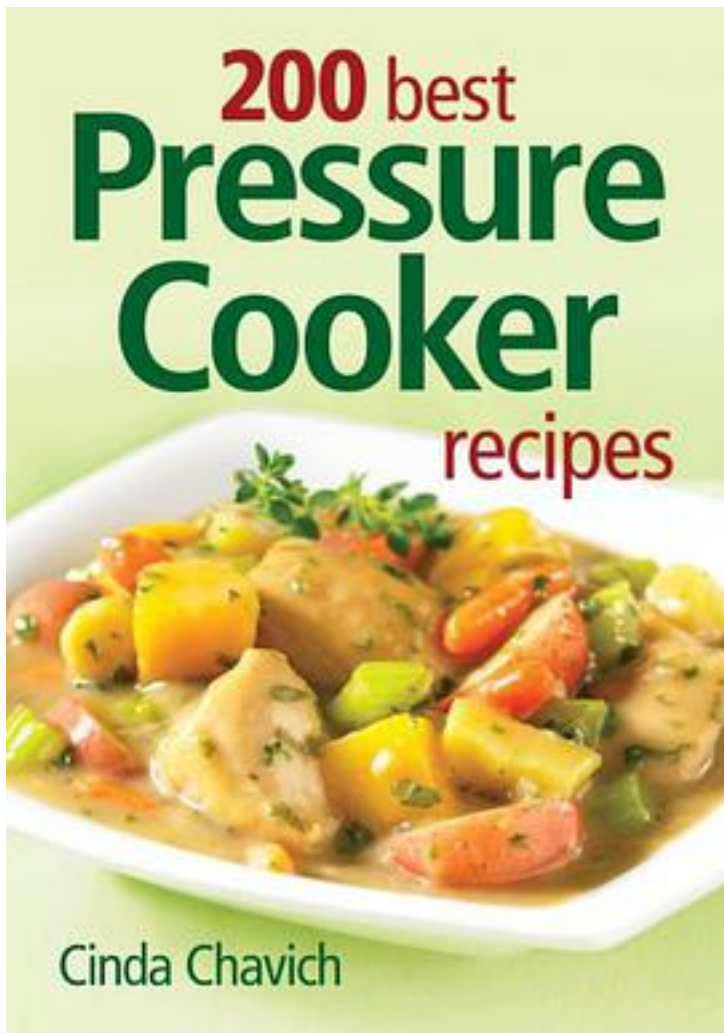


200 Best Pressure Cooker Recipes



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Classic and new recipes for the pressure cooker. Any home cook can prepare a

delicious beef stew in only 15 minutes or a rich, creamy cheesecake in 20 minutes. That's a complete meal in just a little over half an hour. While generations of cooks have known the many benefits of pressure-cooking, recent advances in pressure-cooker design have made these appliances safer and more convenient than ever. They save energy too. With 75 brand new recipes, Cinda Chavich now provides 200 recipes that take advantage of what pressure cookers do best. Their incredible versatility is demonstrated in stellar recipes that include: Starters -- braised artichokes with red pepper aioli; spicy sweet potato soup Tantalizing mains -- speedy Dijon chicken; Cajun seafood gumbo Bean and grain dishes -- beans with short ribs chuck-wagon style Desserts -- classic Christmas plum pudding; orange espresso cheesecake. Chavich shares helpful tips and kitchen wisdom for each recipe. There is also a comprehensive introduction to pressure-cooking, with guidelines for adapting your own recipes and compensating for the effects of altitude . 200 Best Pressure Cooker Recipes is simply the best handbook for using this time-saving appliance.

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