How to Live Dangerously



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"Afraid of flying?" Forty percent of Americans are. Yet you'd have to fly every day for the next 26,000 years to assure yourself of dying in a crash. A leisurely canoe ride is more than 100 times deadlier. "Think city streets are unsafe? "You're more likely to come to harm in your own home, where every year you stand a 1 in 650 chance of being injured by your bed, mattress, or pillows--and each year 800 Americans die in accidents involving soft furnishings. We live in a world governed by fear, where packets of peanuts "may contain nuts" and children must be ever on the alert to "stranger danger." And yet, life expectancy has never been higher. Crime rates have plunged. Even unintentional injuries are down. So if we're so safe, why are we so afraid? "How to Live Dangerously" is a hilarious, straight-talking look at the things that terrify us. It considers life's "real" risks, not to mention the often ridiculous methods we've contrived to keep ourselves "safe." It encourages you to ignore fearmongers and embrace a new kind of freedom, in which we all worry a little less--and live a whole lot more.

作者介绍:

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