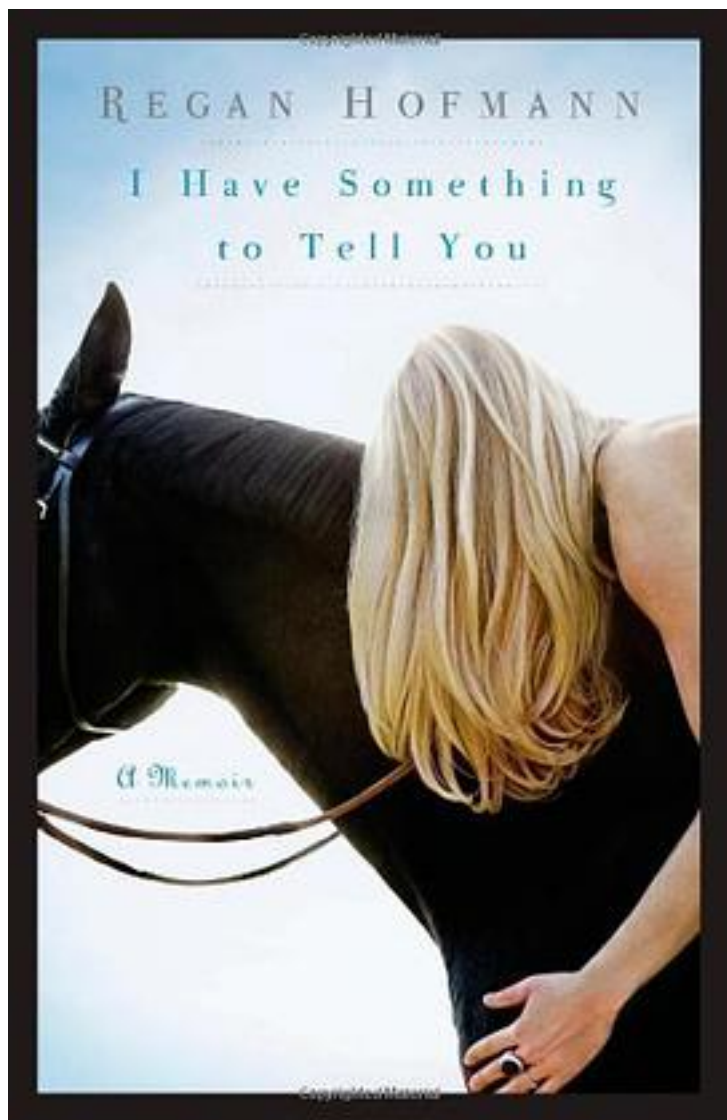


# I Have Something to Tell You



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著者:Hofmann, Regan

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For ten years, Regan Hofmann lived a double life. To the world, she was a woman from Princeton who went to prep school, summered in the Hamptons and rode Thoroughbred horses. She had a great job, a loving family and friends and looks that made men turn their heads. From the outside, she seemed to have it all. On the inside, though, coursing through her veins and weighing heavily on her mind, was the truth: that she was HIV-positive. At first, Hofmann faced her mortality alone, shamed by a disease society considered the exclusive property of gay men, injection drug users and sex workers. Burdened by her secret, she withdrew from the world she once knew. Over time, though, Hofmann began to accept her mortality -- and HIV -- and reconsidered the way she wanted to live her life. After nearly a decade of silence, Hofmann did what she never imagined having the courage to do: she came out to the world about what she was going through. Regan Hofmann not only has the courage to fight HIV and the debilitating stigma that surrounds it, but she writes about her experience with unflinching honesty and a deep affection for the family and friends who support her. *I Have Something to Tell You* is a memoir of disease and survival, and an inspiring account of a life driven by a sense of purpose and a search for love in the face of the unthinkable. More than anything, it is a story that reminds us that while life can change in an instant, we each hold the power to decide how we use the time we have. With humor, vitality and an unquenchable passion, Regan shows us a life fully lived.

作者介绍:

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