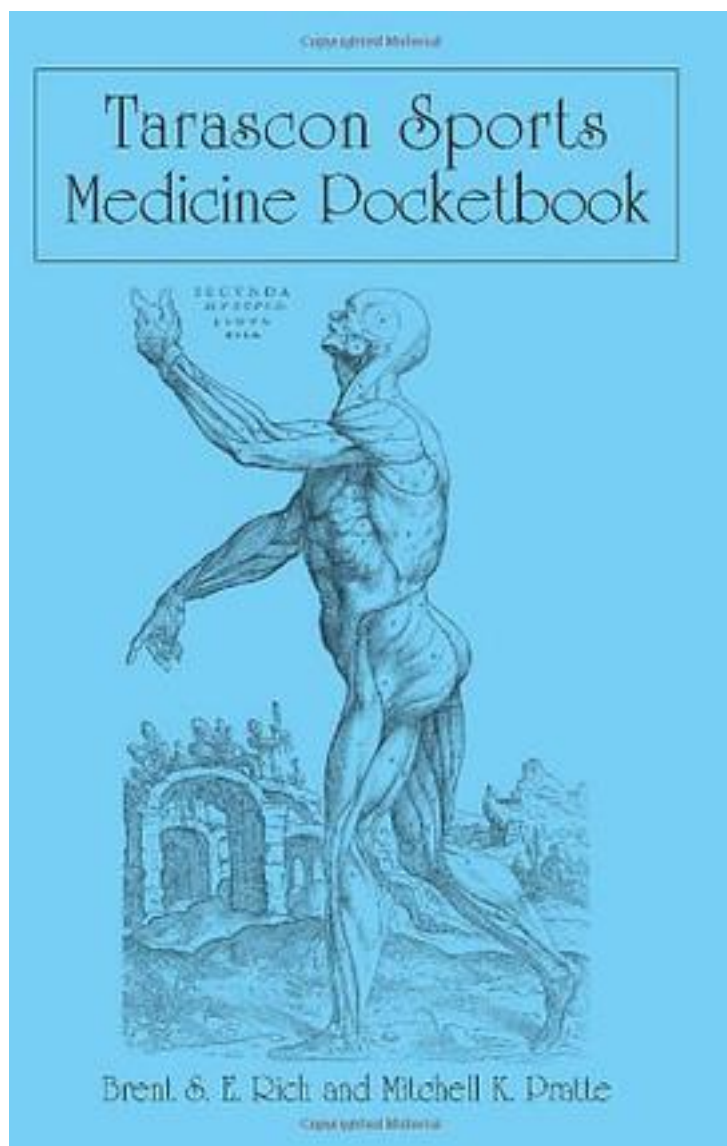


Tarascon Sports Medicine Pocketbook



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The Tarascon Sports Medicine Pocketbook brings non-surgical primary care physicians, athletic trainers, and physical therapists the most up-to-date information on the topic of sports medicine so that they may provide the best medical treatment possible for the active individual. Sports medicine is more than just the management of musculoskeletal injuries; it is primary care medicine for the active individual and not only includes the specialties of family medicine, pediatrics, internal medicine, physical medicine and rehabilitation and emergency medicine, but also cardiology, nutrition, psychology, pharmacology, neurology, and others. Topics include common musculoskeletal injuries, infectious disease, overtraining, pain management, an athletics drug guide, and exercise physiology.

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