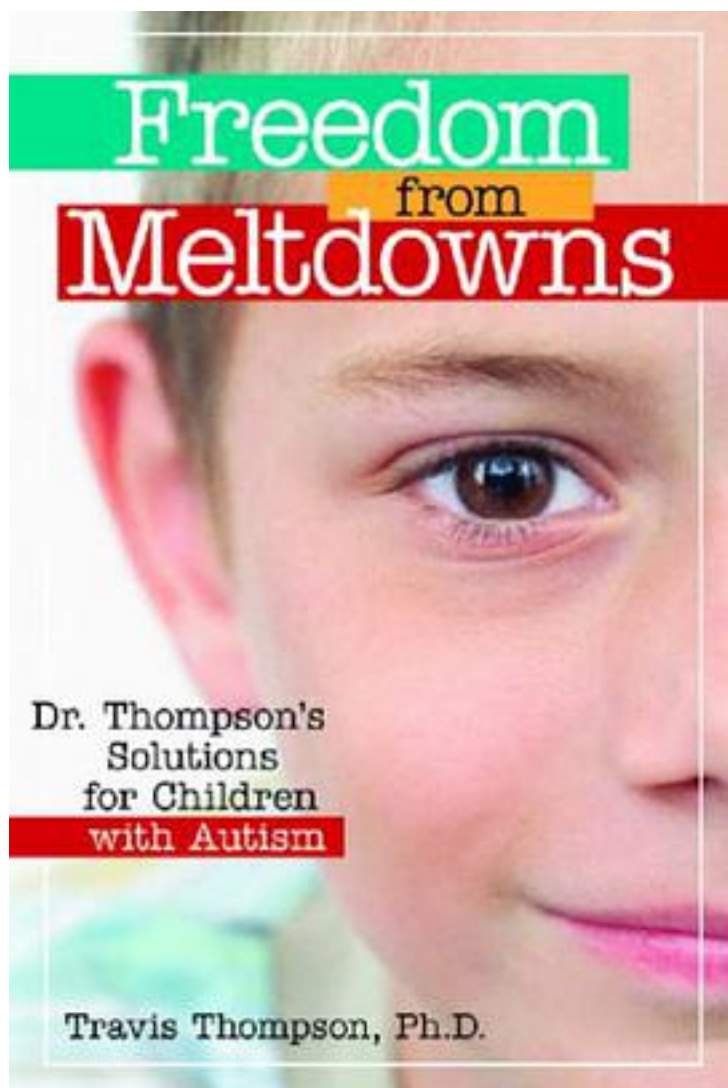


# Freedom from Meltdowns



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Daily meltdowns and tantrums are one of the biggest challenges of life with autism and related disorders--they have a devastating impact on children with autism and their whole families. Now there's a book with all the expert advice front-line professionals and parents need to understand meltdowns, stop them before they start, and improve quality of life for entire families. Travis Thompson channels his 40 years of experience working with children and families into a how-to guide that helps readers- understand how other disorders and health conditions contribute to meltdowns in children with autism- pinpoint events that trigger a meltdown--and prevent those triggers from escalating- use Functional Behavioral Assessment to uncover behavior patterns and develop effective intervention plans- improve communication skills so children can find positive ways to express themselves- work sensitively with families from diverse cultural backgrounds- discover specific ways to prevent meltdowns in school and other public settings- get insight into why children self-injure and what can be done to help them stop

作者介绍:

目录:

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