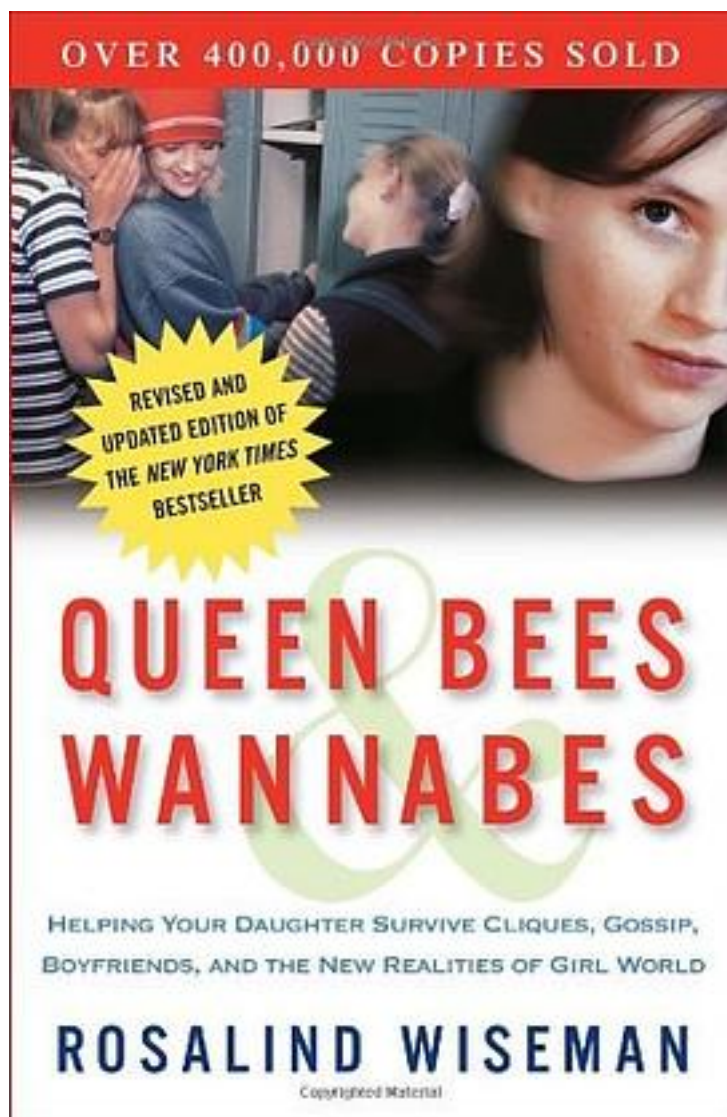


Queen Bees and Wannabes



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著者:Rosalind Wiseman

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When Rosalind Wiseman first published *Queen Bees & Wannabes*, she fundamentally changed the way adults look at girls' friendships and conflicts—from how they choose their best friends, how they express their anger, their boundaries with boys, and their relationships with parents. Wiseman showed how girls of every background are profoundly influenced by their interactions with one another.

Now, Wiseman has revised and updated her groundbreaking book for a new generation of girls and explores:

- How girls' experiences before adolescence impact their teen years, future relationships, and overall success
- The different roles girls play in and outside of cliques as Queen Bees, Targets, and Bystanders, and how this defines how they and others are treated
- Girls' power plays—from fake apologies to fights over IM and text messages
- Where boys fit into the equation of girl conflicts and how you can help your daughter better hold her own with the opposite sex
- Checking your baggage—recognizing how your experiences impact the way you parent, and how to be sanely involved in your daughter's difficult, yet common social conflicts

Packed with insights about technology's impact on Girl World and enlivened with the experiences of girls, boys, and parents, the book that inspired the hit movie *Mean Girls* offers concrete strategies to help you empower your daughter to be socially competent and treat herself with dignity.

作者介绍:

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标签

贱女孩

心理学

女性

粗读

成长

parenting

EnglishLearning

评论

全书建立在作者的经验上，因此会在普适性上欠缺一点。但是作者的建议给的很具体很详细，描述遇到困难场景也很确切。不能直接用，拿来改编一下再给自己用吧。

作者主要是从个人经验，而不是社会科学的角度，在探讨“mean girl”的问题。她提供的大部分问题解决方法要么对我不适用，要么我已经知道了。不过随便翻翻还行，也算开眼界吧

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书评

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