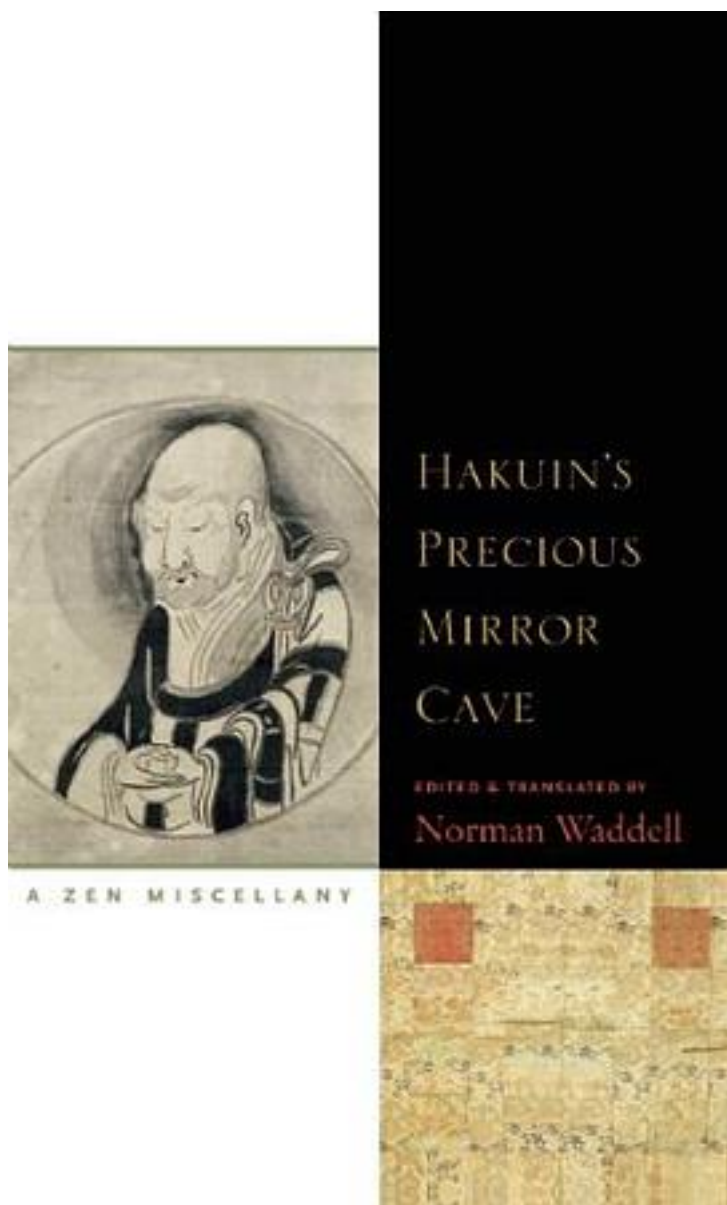


Hakuin's Precious Mirror Cave



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The two great streams of Zen Buddhism are the Soto sect, known as the School of Quiet Reflection, and the Rinzai school of rigorous koan study. Dogen established Soto Zen in Japan, and his work is widely known in the West with many of his books translated into English. Hakuin is credited with the modern revival of the Rinzai sect and is its most important teacher. Hakuin's life has been a great inspiration to the students and practitioners of Zen in the West, his writings offering great authority and practical application.

Norman Waddell, the translator of this new selection, has devoted a large part of his life to translating and publishing work by and about Hakuin. This collection of six diverse and independent works contains five pieces never translated into English before, some of which have been until quite recently unknown, even in Japan. One piece offers the most detailed biographical account of his life, from birth to death, and another is his earliest spiritual autobiography. A rich and various group, the offerings here will be important to seasoned practitioners as well as attractive to newcomers to Zen and spiritual seekers of all faiths.

作者介绍:

目录:

[Hakuin's Precious Mirror Cave_ 下载链接1](#)

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